

# Basic Immunology

**Effector mechanisms of cell-mediated immune responses (CMI):**

**Cytotoxicity**

**Th1 cell-mediated macrophage activation**

***Lecture 17-18***

# Main tasks of the immune system

Preserving the integrity of an organism

```
graph TD; A[Preserving the integrity of an organism] --> B[Defense against external pathogens (e.g. viruses, bacteria, parasites)]; A --> C[Elimination of pathologically altered cells (e.g. virally infected cells, cancer cells)]; B --- D[ ]; C --- D; D --> E[Altered foreign structures must be recognized and distinguished from the organism's own healthy cells.]; E --> F[IMMUNE RESPONSE (either an aggressive response or immunological tolerance)];
```

Defense against **external pathogens** (e.g. viruses, bacteria, parasites)

Elimination of **pathologically altered cells** (e.g. virally infected cells, cancer cells)

Altered foreign structures must be **recognized** and **distinguished** from the organism's own healthy cells.

**IMMUNE RESPONSE** (either an aggressive response or immunological tolerance)

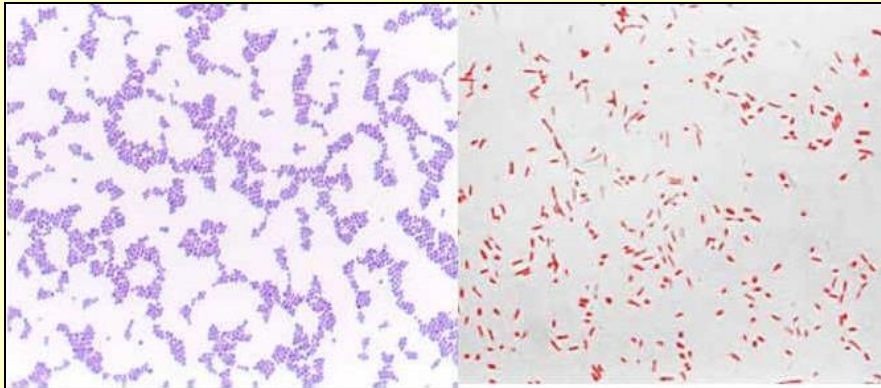
**ATTENTION!** The **names of some pathogens** are shown on the slides as examples. You **don't have to learn them** for your immunology exam, focus on the mechanisms presented!

# What threatens us? I.

## 1. Bacteria

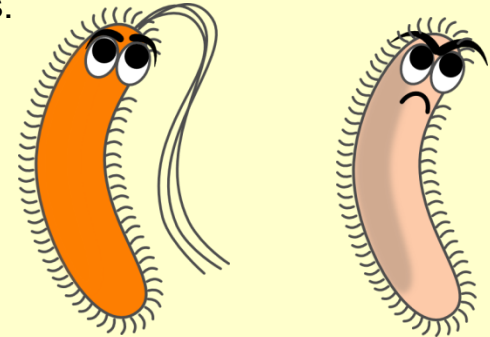
Gram-

Gram-



The **Gram staining** is used to differentiate bacteria based on the **chemical properties of their cell walls**.

**Not all bacteria cause diseases** in healthy individuals with a well-functioning immune system, but almost all bacteria can be pathogenic in immunocompromised patients.



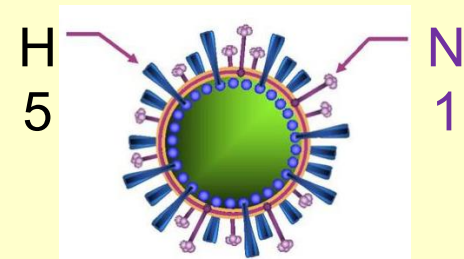
E.g.  
:  
*Staphylococcus aureus*, *Streptococcus pneumoniae*  
*Escherichia coli*,  
*Salmonella enterica*

**Human Microbiome Project:** Approx. 10.000 species of bacteria reside in the human body.<sup>[1.]</sup> (roughly  $10^{14}$  **bacteria**, whereas the human body consists of  $3,7 \times 10^{13}$  cells<sup>[2.]</sup>)

# What threatens us? II.

2. **Viruses** (components: single or double stranded nucleic acid chain, outer protein coat which is called capsid)

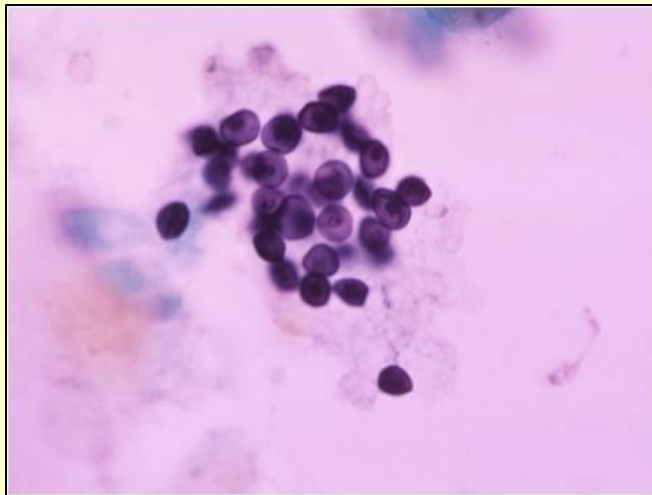
- **DNA viruses** (e.g. Herpes viruses, HPV)
- **RNA viruses** (e.g. Influenza viruses)



H5N1 Influenza virus

3. **Fungi**

- Roughly 1,5 million species of fungi live on Earth with approx. 300 being pathogenic to humans.
- Severe fungal infections mostly occur in **immunodeficient patients**.<sup>[3.]</sup>



*Pneumocystis jirovecii* cells  
in the sputum of a patient  
with AIDS.<sup>[4.]</sup>

# What threatens us? III.

## 4. Protozoa (unicellular eukaryotic parasites), e.g.:

- *Plasmodium* species → **Malaria**<sup>[5.]</sup>
- *Trichomonas* → Vaginitis, urethritis<sup>[6.]</sup>
- *Toxoplasma gondii* → Toxoplasmosis<sup>[7.]</sup>



The flagellated *Trichomonas vaginalis*, causative agent of Trichomoniasis which is the most common non-viral STD with 248 million cases each year worldwide.<sup>[9.]</sup>

## 5. Multicellular parasites

- Uncommon in the developed world.
- Usually have **complex life cycles**.
  - **Helminths**
  - Arthropods (e.g. scabies, pediculosis)

## 6. Prion

Infectious **protein** (PrP) with abnormal folding.

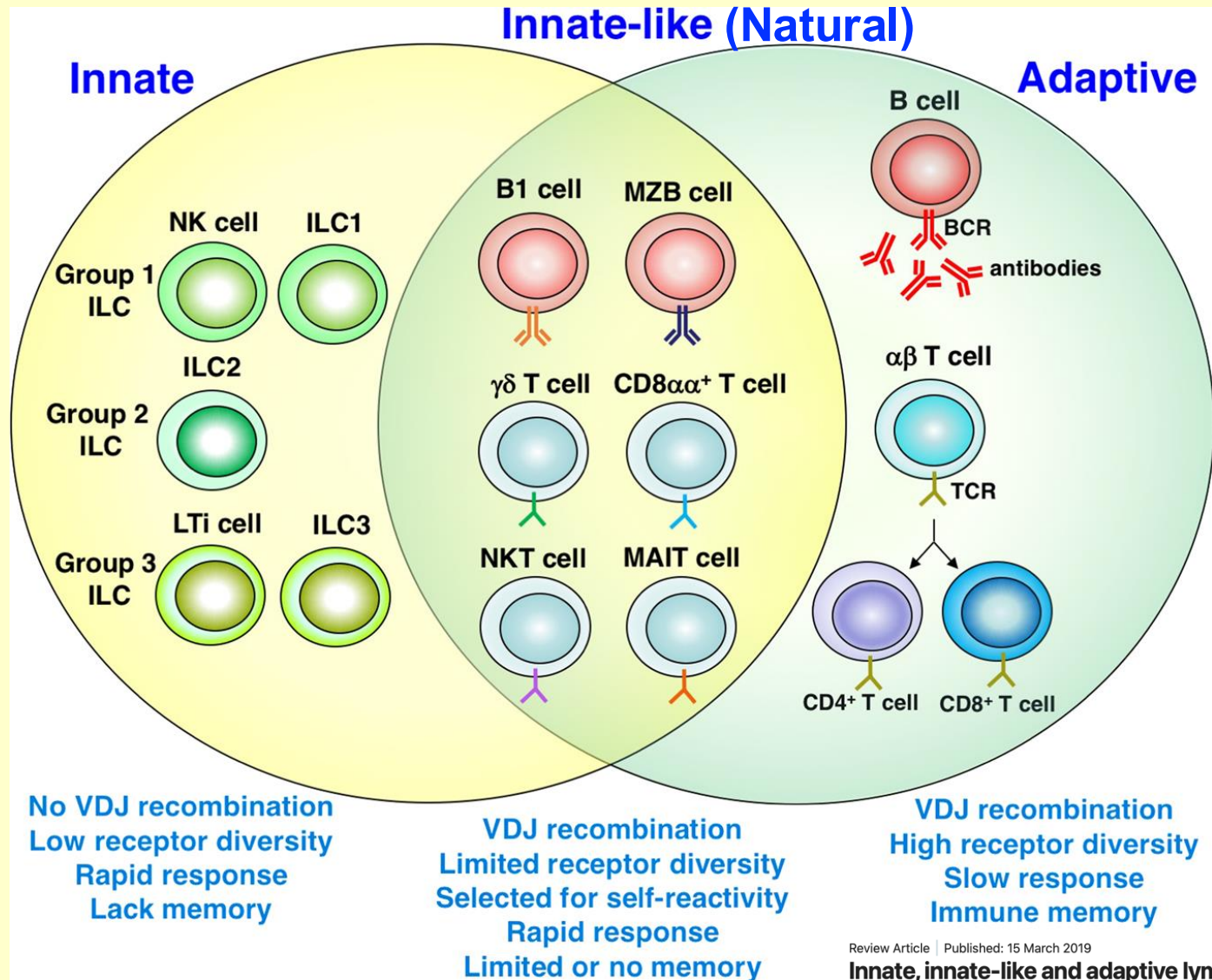
Causes different types of TSE.<sup>[8.]</sup>

(TSE: Transmissible spongiform encephalopathy)



*Loa loa* („eye worm”) infection of the conjunctiva. (Approx. 10 million infected people live in Africa.<sup>[10.]</sup>)

# Lymphocyte groups



Review Article | Published: 15 March 2019

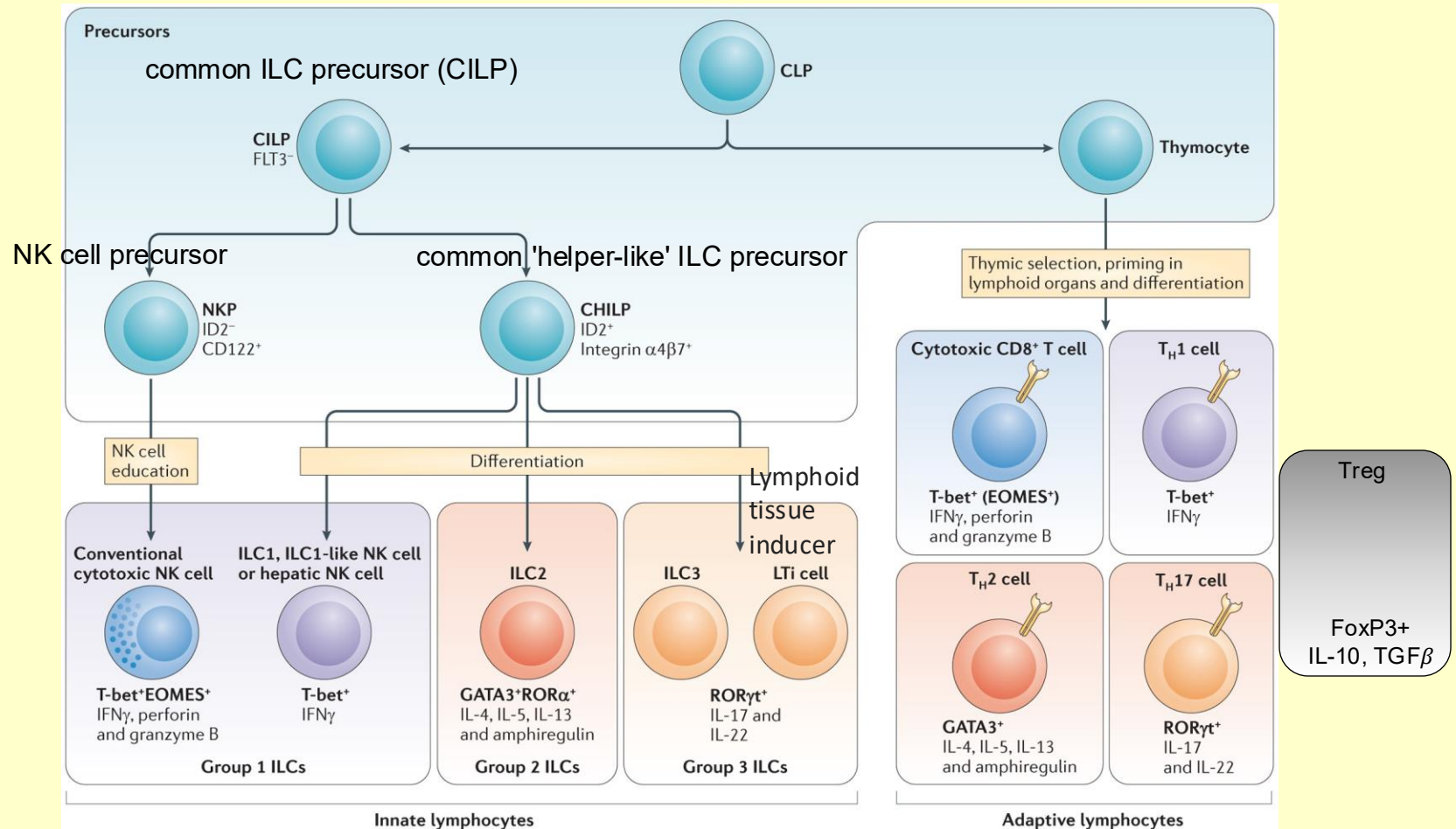
**Innate, innate-like and adaptive lymphocytes in the pathogenesis of MS and EAE**

Luc Van Kaer , Joshua L. Post oak, Chuan Wang, Guan Yang & Lan Wu

*Cellular & Molecular Immunology* 16, 531–539 (2019) | [Cite this article](#)



# Differentiation of lymphocytes



Opinion | Published: 18 August 2014







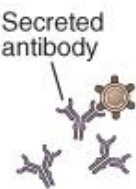
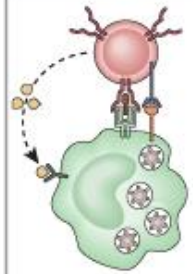

## Interactions between innate and adaptive lymphocytes

Georg Gasteiger & Alexander Y. Rudensky

Nature Reviews Immunology 14, 631–639 (2014) | [Cite this article](#)

Nature Reviews | Immunology

# The type of pathogens determine the type of immune response

	Humoral immunity	Cell-mediated immunity	
Microbe	 Extracellular microbes	 Phagocytosed microbes in macrophage	 Intracellular microbes (e.g., viruses) replicating within infected cell
Responding lymphocytes	 B lymphocyte	 Helper T lymphocyte	 Cytolytic T lymphocyte
Effector mechanism	 Secreted antibody		
Transferred by	Serum (antibodies)	Cells (T lymphocytes)	Cells (T lymphocytes)
Functions	<b>Block infections and eliminate extracellular microbes</b>	<b>Activate macrophages to kill phagocytosed microbes</b>	<b>Kill infected cells and eliminate reservoirs of infection</b>



# Effector functions of lymphocyte populations

**Th1**

**T<sub>H</sub> (helper) lymphocytes**

APC+MHC-Ag-complex+Lymphokine

Lymphokine

**Effector functions**

Lymphocyte and macrophage activation and differentiation

**CTL**

**T<sub>C</sub> (cytotoxic) lymphocytes**

Target cell (APC)+MHC-Ag-complex+Lymphokine

Cell killing

**Th2**

**B lymphocytes**

Antigen+Lymphokine

Antibody production

**NK**

**NK (natural killer)**

a) KAR

KAR

KIR

Target cell

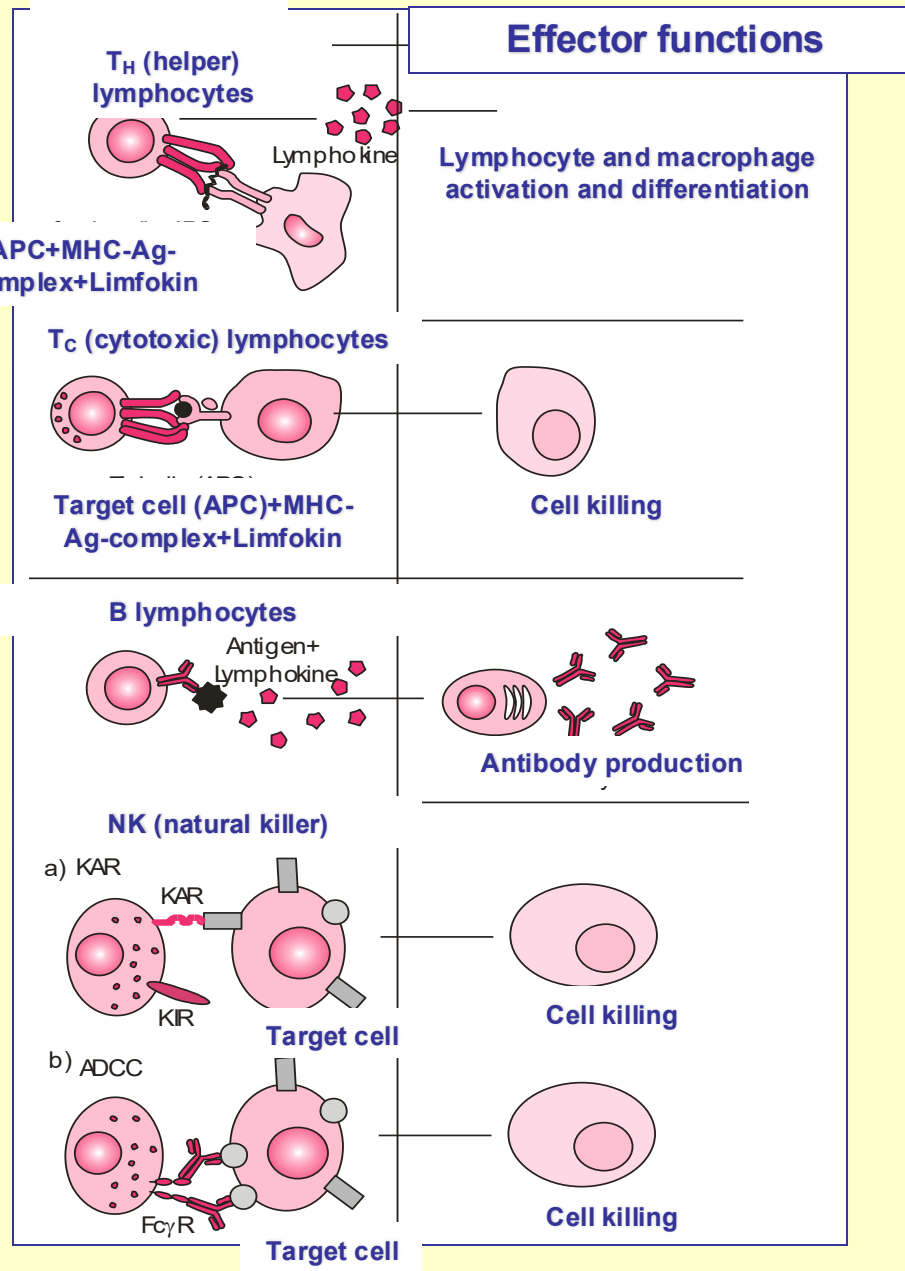
Cell killing

b) ADCC

FcγR

Target cell

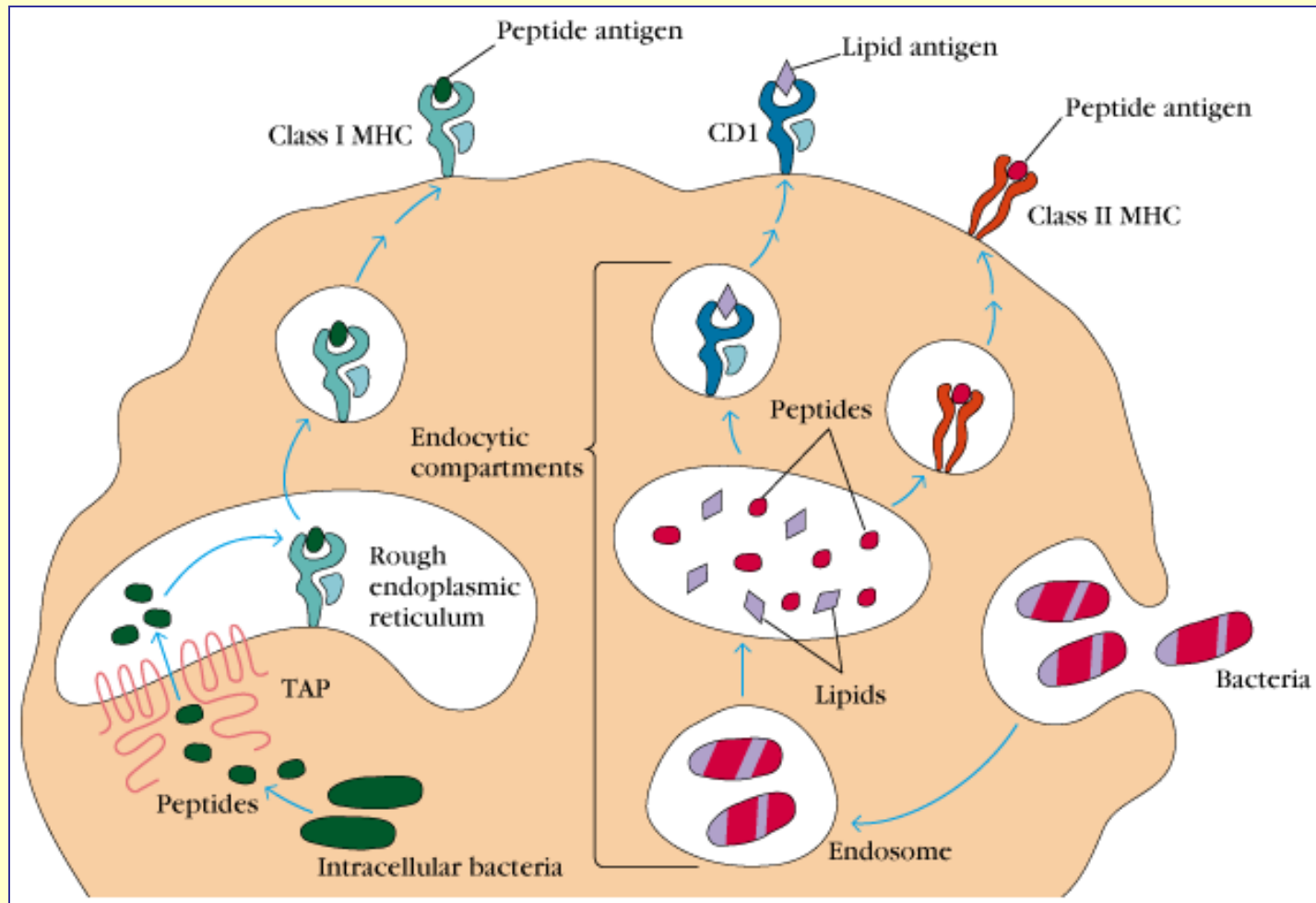
Cell killing



# Cell-mediated immuneresponse (CMI)

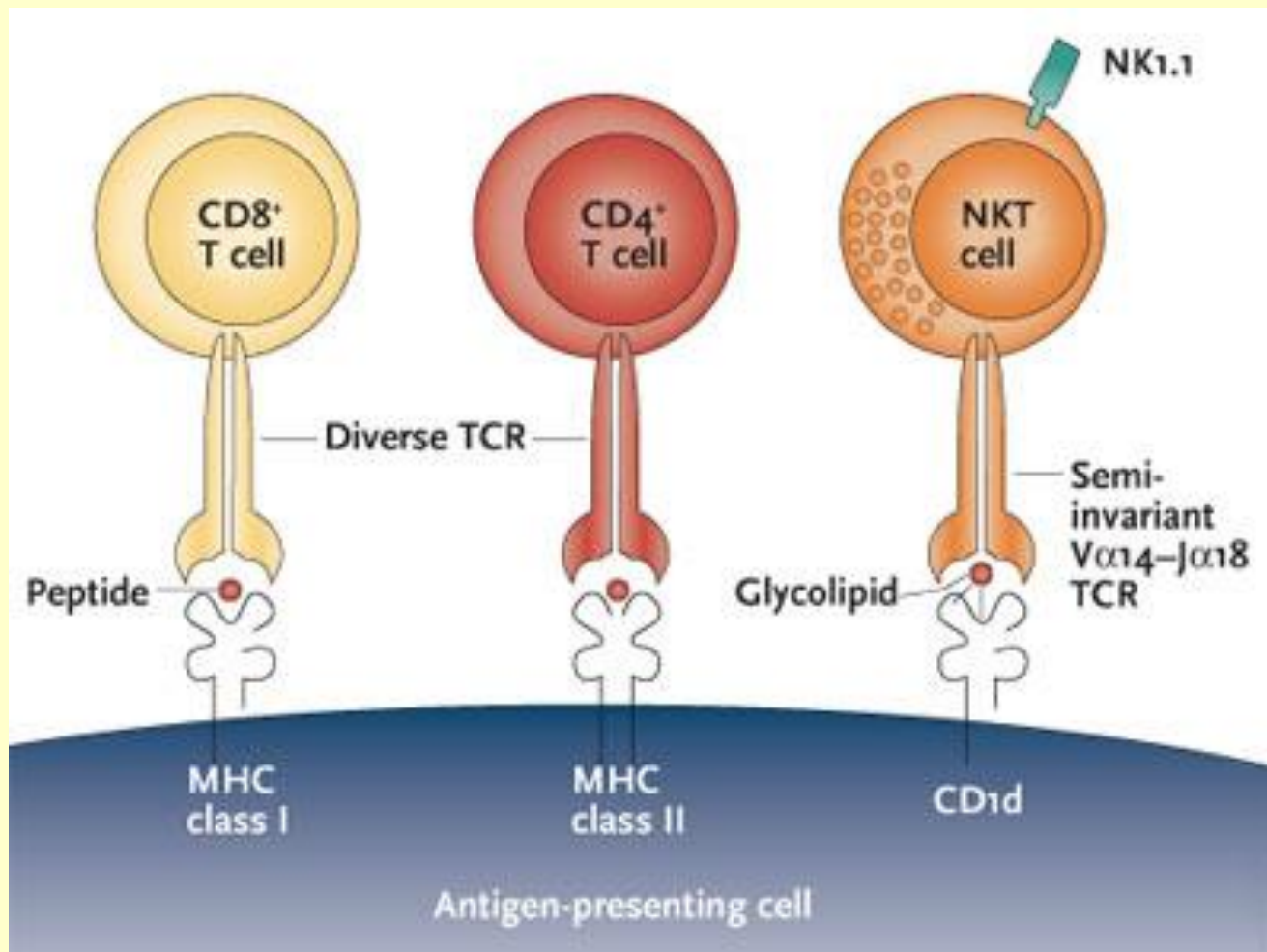
<b><u>Cytotoxicity</u></b>	<b><u>DTH</u></b>
<p><b><u>Effector cells</u></b> direct cytotoxic activity:</p> <ul style="list-style-type: none"><li>- CTL (CD8+ Tc),</li><li>- <math>\gamma\delta</math> T cells</li><li>- NK cells,</li><li>- Macrophages</li></ul>	<p><b><u>Effector cells</u></b> cytokine production:</p> <ul style="list-style-type: none"><li>- T<sub>DTH</sub> cells = Th1 cells</li><li>- Macrophages</li></ul>
<p><b><u>Target cell (cytosolic antigen):</u></b></p> <ul style="list-style-type: none"><li>- allogeneic cells (transplantation minor histocompatibility antigen)</li><li>- malignant cells</li><li>- virally infected cells</li><li>- chemically modified cells</li></ul>	<p><b><u>Antigen in phagolysosome:</u></b></p> <ul style="list-style-type: none"><li>- intracellular bacterium, fungi, parasite, virus</li><li>- contact antigens (small molecules (haptén) skin protein complexes)</li></ul>

# Presentation of intracellular and extracellular antigens



**Cytosolic way**

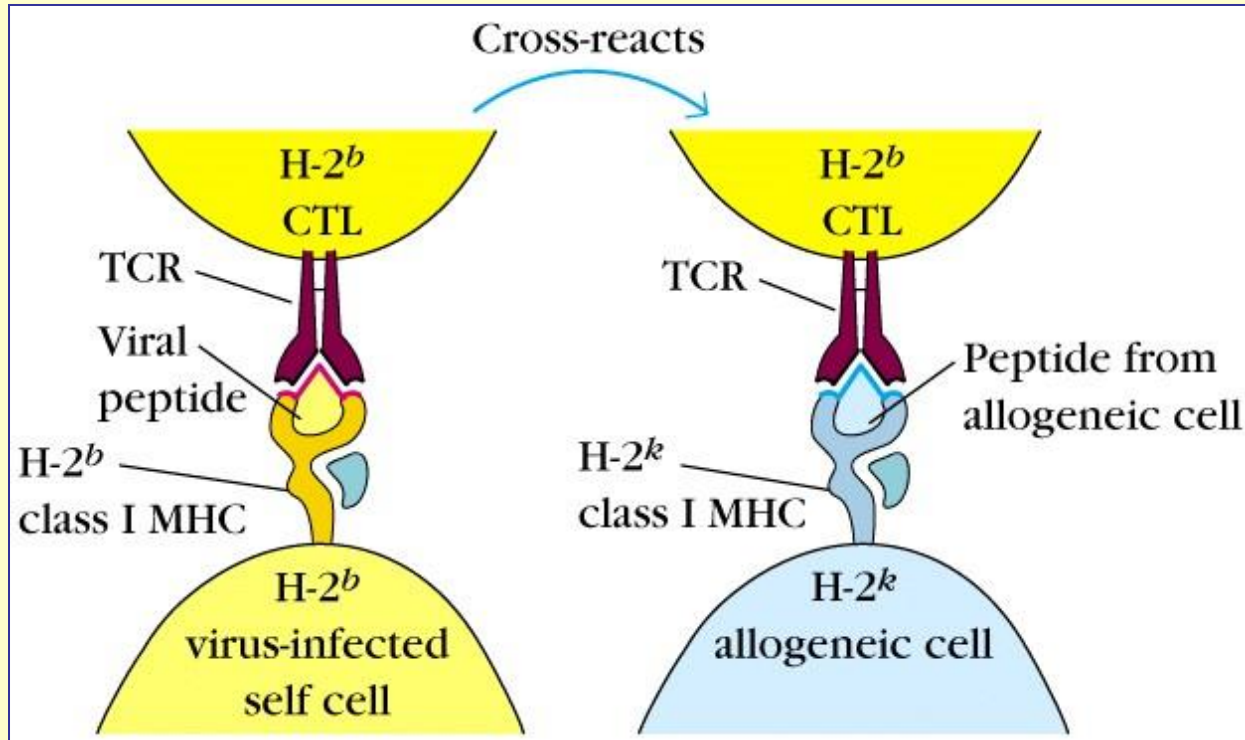
**Phagolysosomes**



# Cytotoxicity

**CD8+ T cells**

# Antigen recognition of cytotoxic T cells



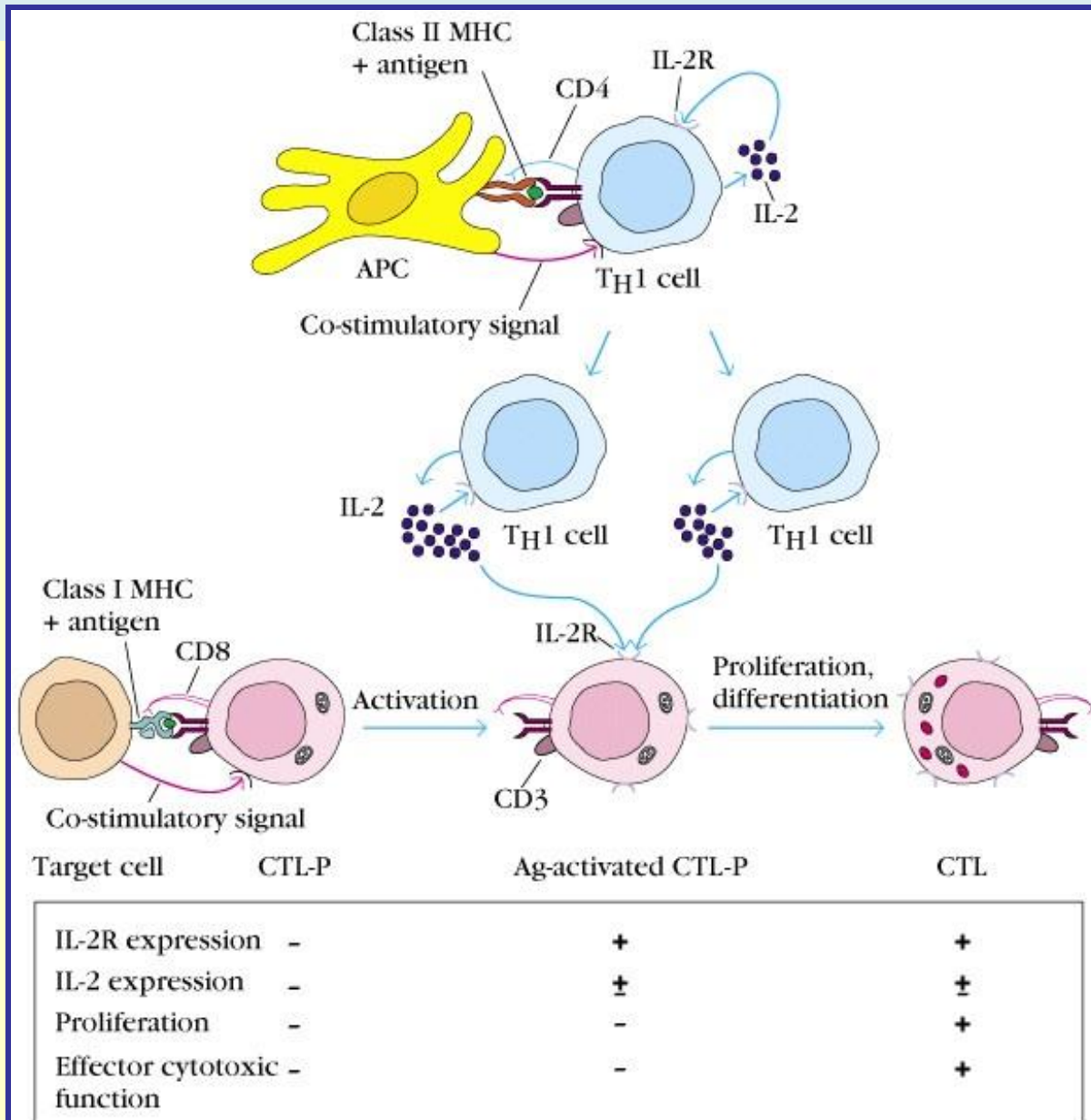
**Activated Tc cells = effector CTL**

**TcR $\alpha\beta$ , CD8<sup>+</sup> cells**

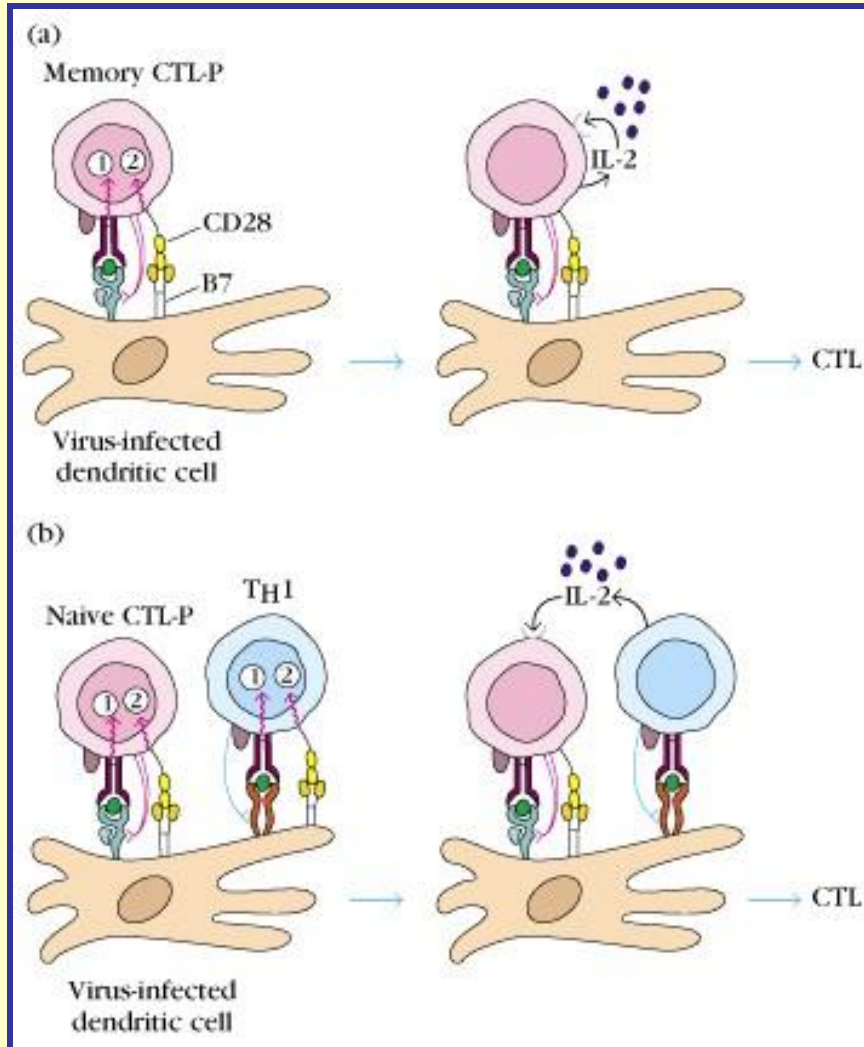
**Antigen specific recognition with MHC- I restriction**



# Naive Tc cell → effector CTL



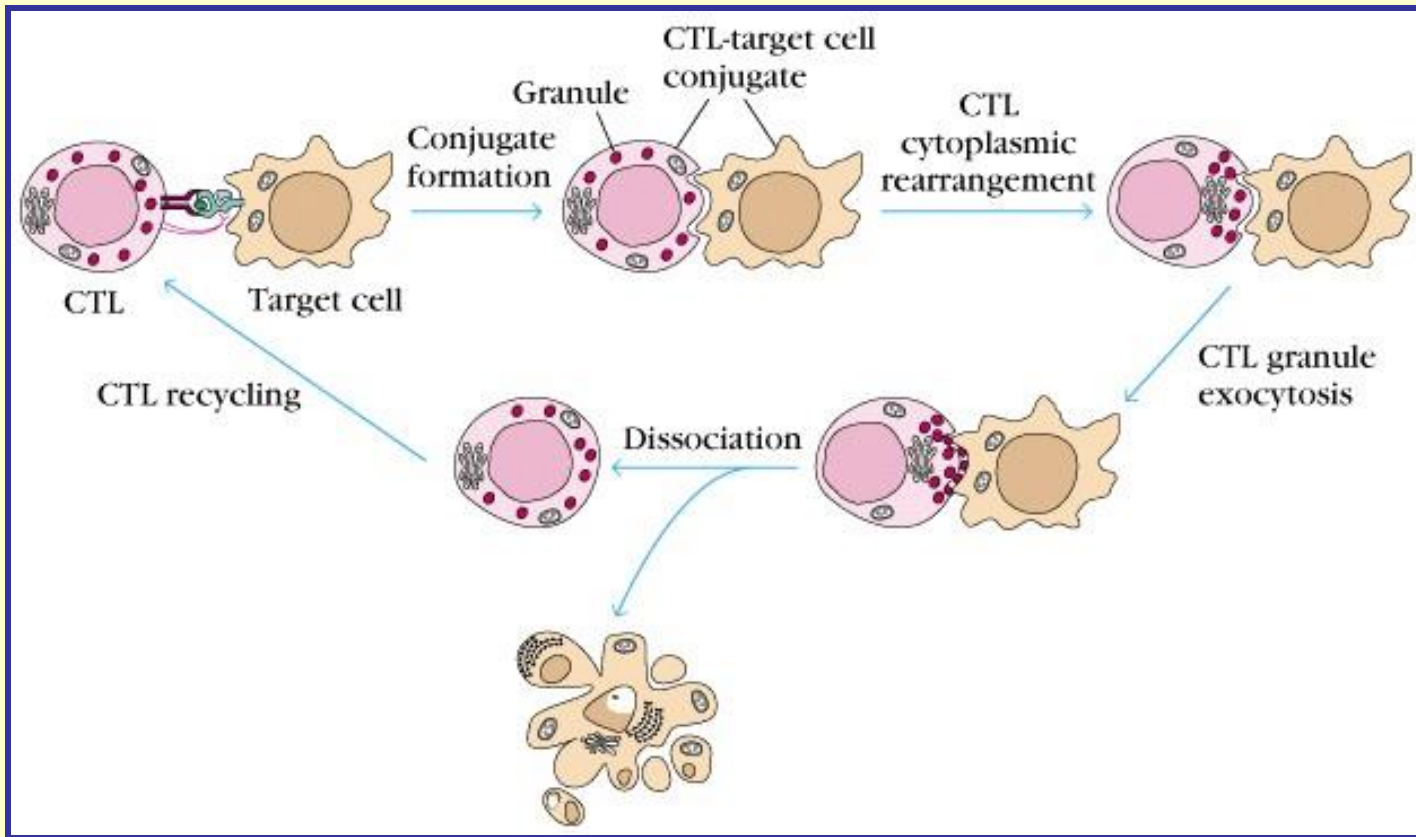
# Activation of memory CTL doesn't require Th1 help



**Memory CTL: autokrin IL-2 production**

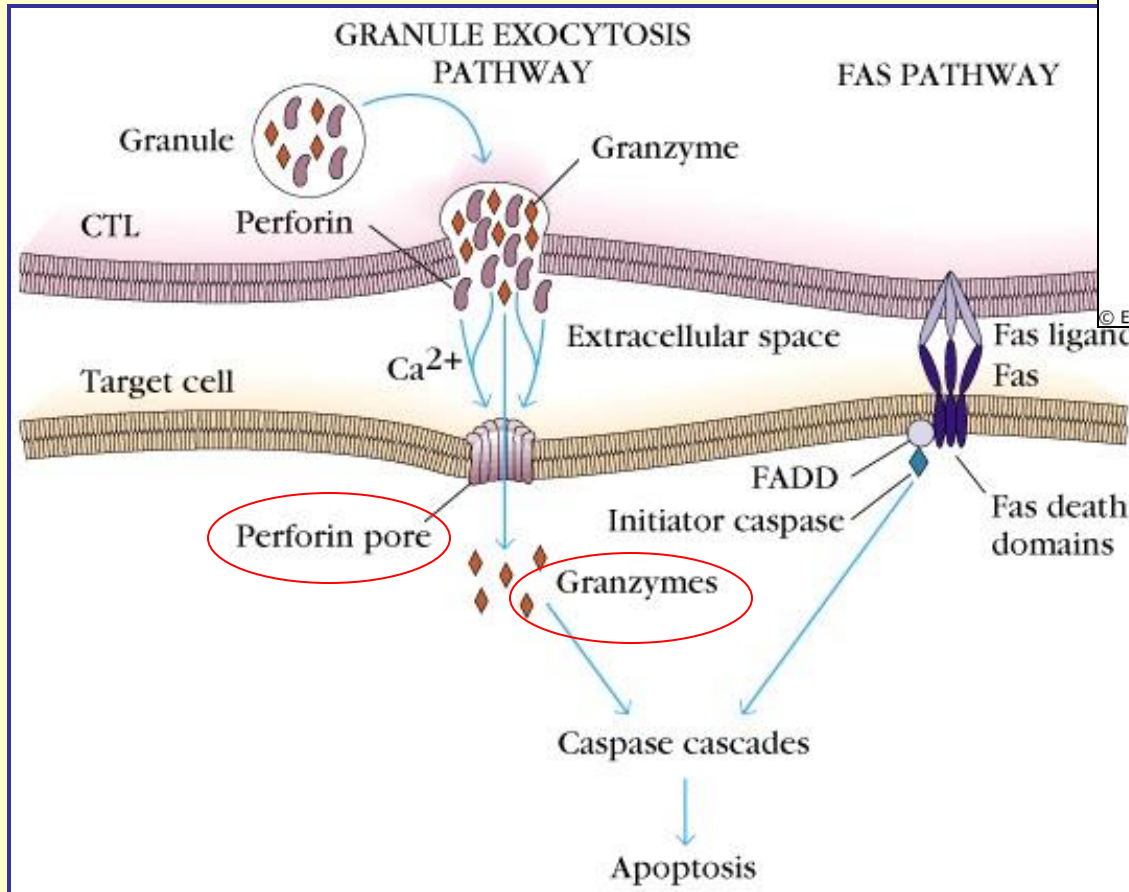
**Naiv CTL: Th1 produces IL-2**

# CTL-mediated target cell killing:



1. Antigen recognition
2. Conjugation
3. CTL cytoplasmic rearrangement
4. CTL degranulation
5. Target cell apoptózis
6. Dissociation

# Mechanisms of CTL induced apoptosis:



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**Target cell**

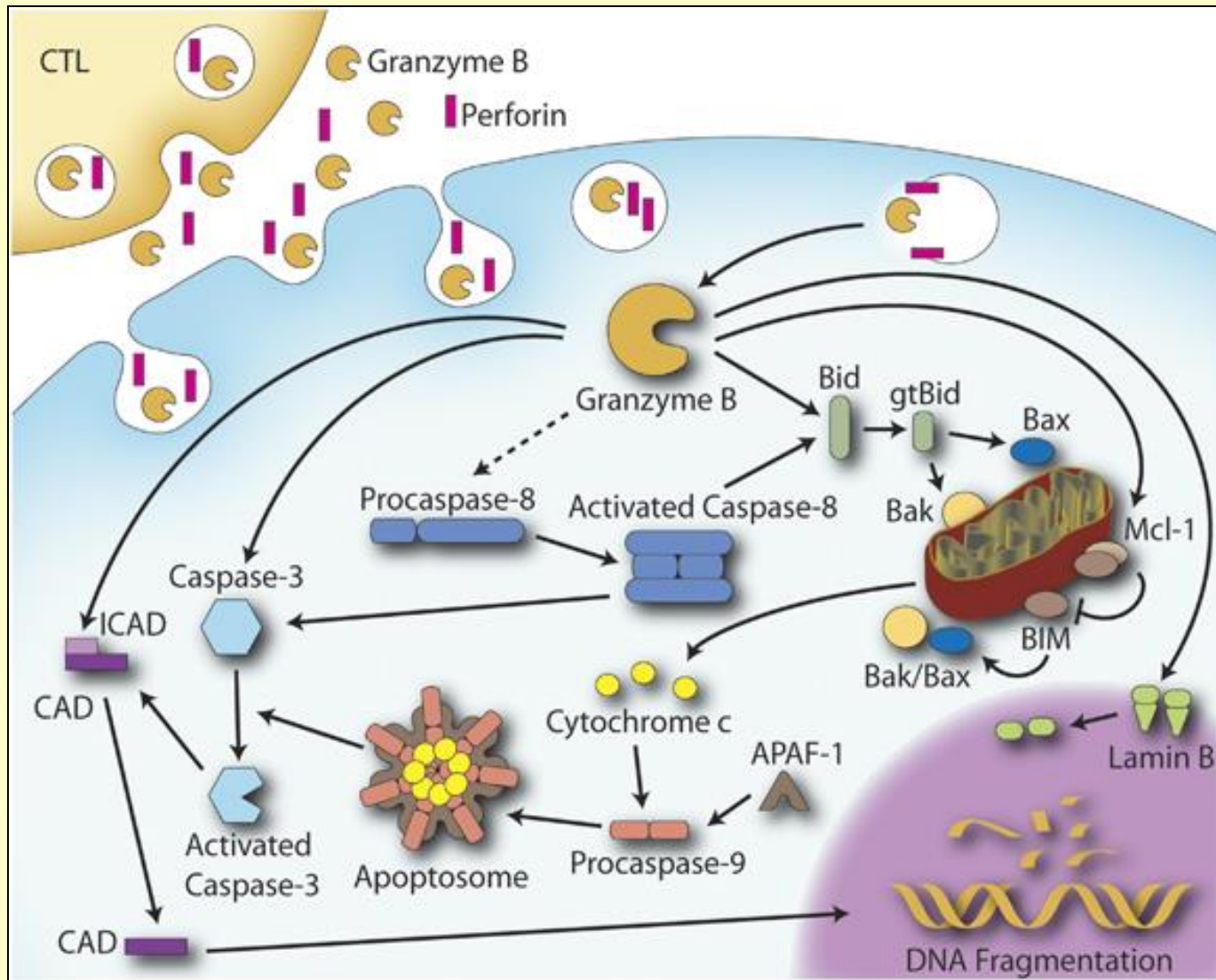
**Cytotoxic T-cell**

**Soluble effector molecules: perforins and granzymes**

**Membrane-bound effector molecules: Fas/Fas ligand (FAS-L)**



# The secretory mechanism of apoptosis

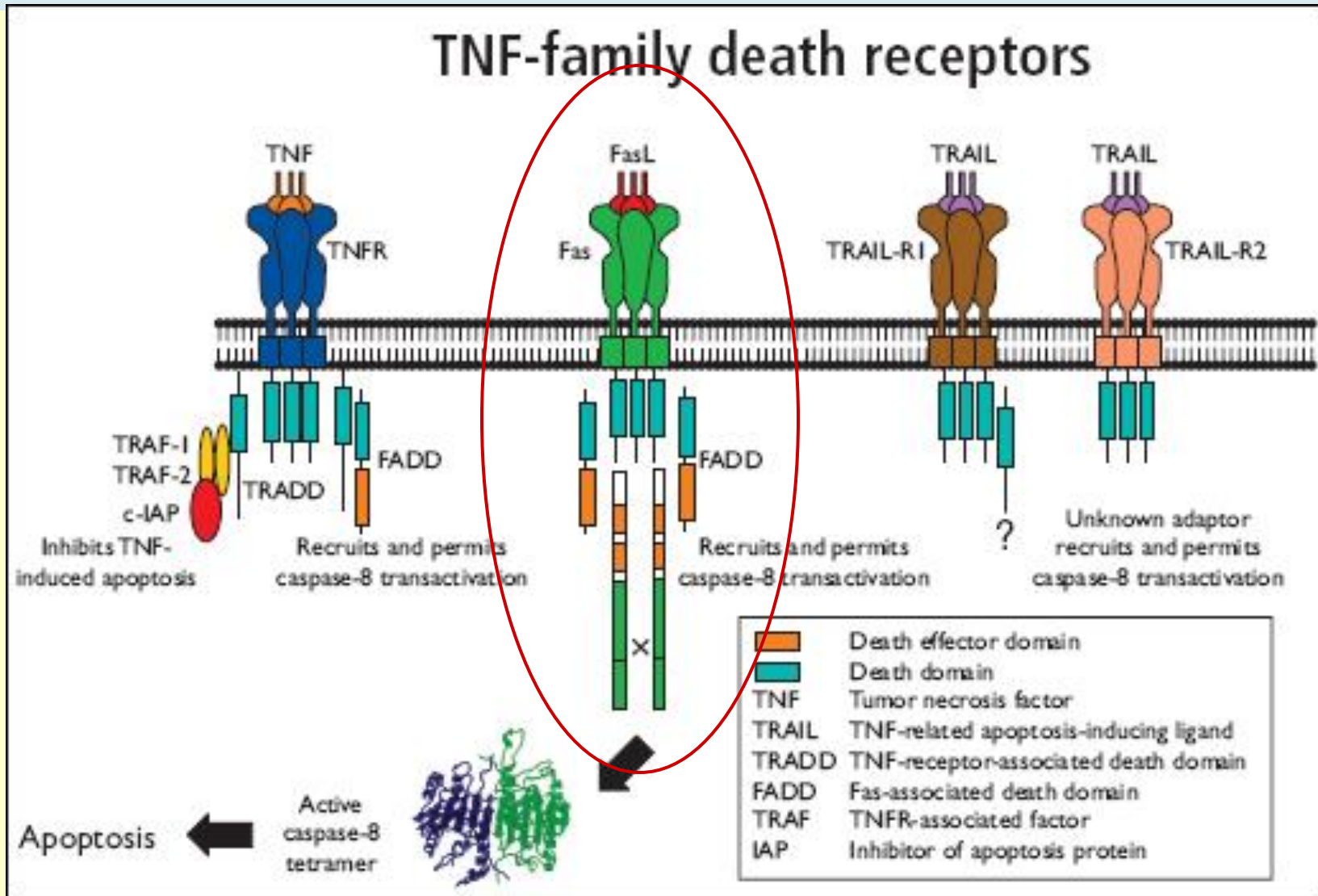


Granzyme B:

Induction of  
Apoptosis

Granzyme A:  
DNA-  
Fragmentation

# Extrinsic Apoptosis pathway





# Caspase Activated Deoxyribonuclease (CAD)

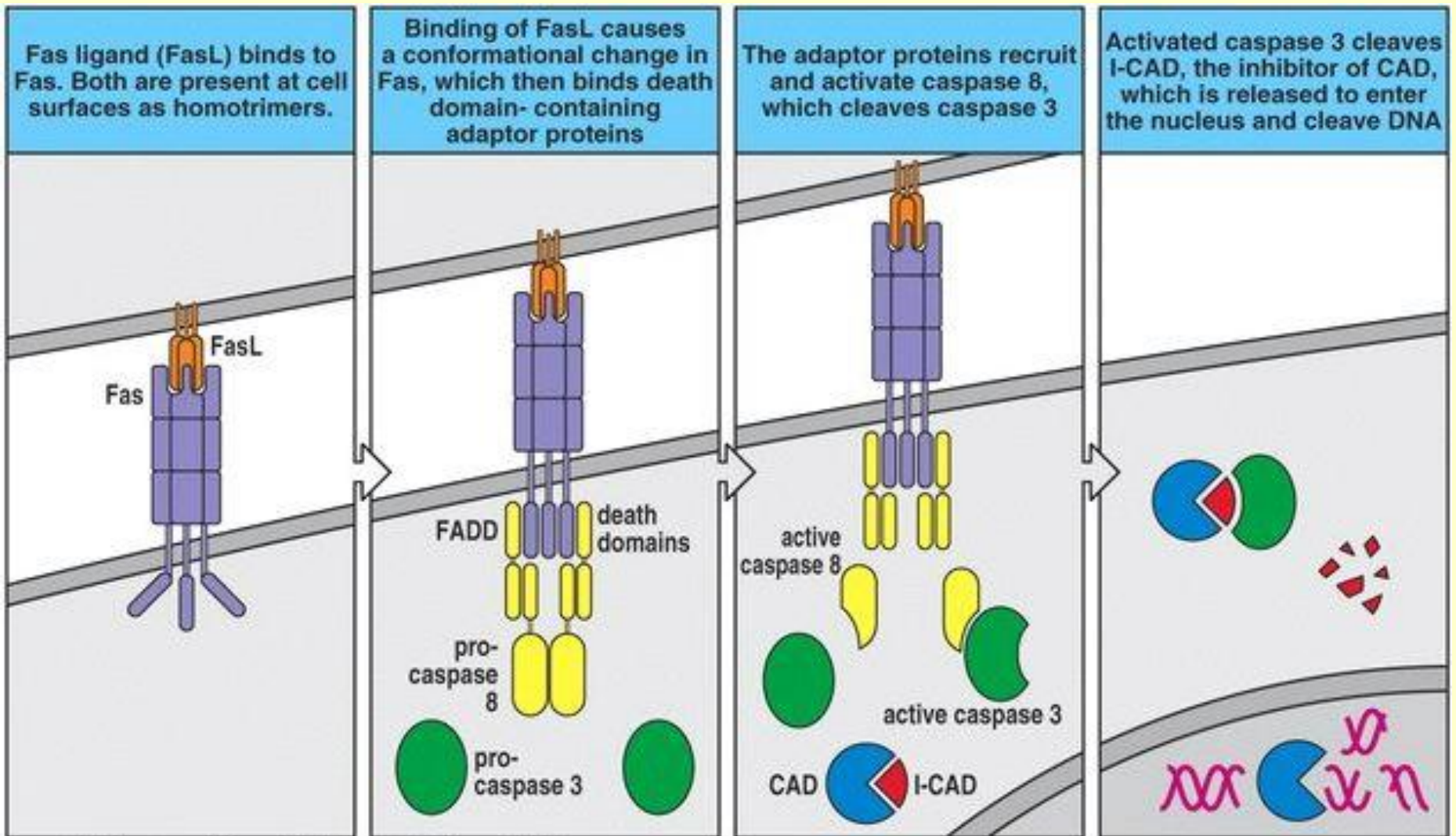


Figure 6-24 Immunobiology, 6/e. (© Garland Science 2005)

When activated by caspase-3, CAD is responsible for cleaving DNA into the characteristic ~200 bp fragments of apoptotic cells.

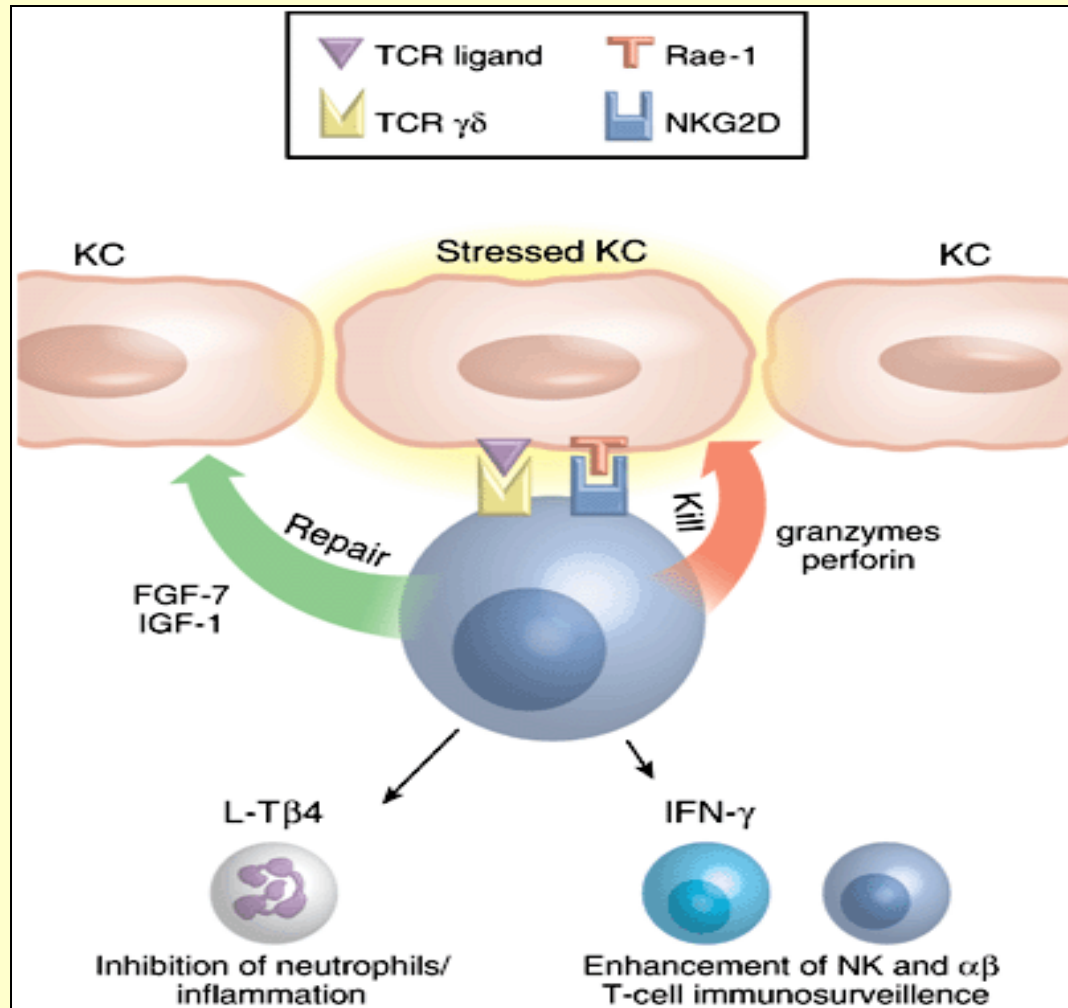
# Cytotoxicity

$\gamma\delta$  T cells

# $\gamma\delta$ T cells

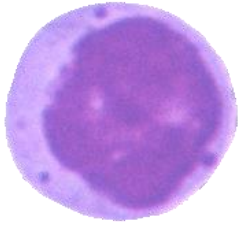
- 5 % of the T cells,
  - Intraepidermal lymphocytes: CD4- and CD8-
  - Intraepithelial lymphocytes: CD8+
  - Produced in embryonic life, no recirculation,
  - Limited, tissue specific TcR diversity → specialization to respond to certain antigens
- 
- Ligand recognition: - non-MHC-restricted, but antigen specific
  - Antigens: viral proteins, surface heat-shock proteins (produced in inflammatory responses) bacterial lipids, phosphatids through CD1 molecule
  - Function: eliminate damaged cells and microbial invaders

# $\gamma\delta$ T cells



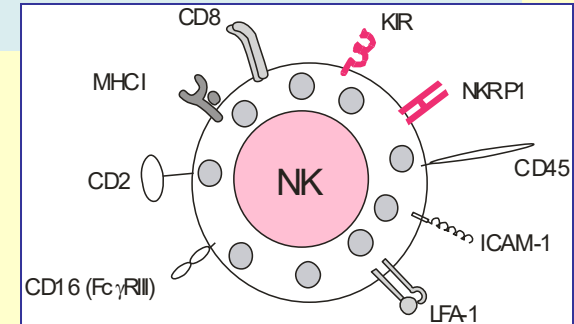
# Cytotoxicity

**NK cells**



# Natural killer cells (NK)

- 10-15% of lymphocytes = LGL cells
- **Phenotype:**
  - TcR- CD3-, CD4-, CD8+/-, CD2+, CD16+ (Fc $\gamma$ RIII) CD56+,
  - They secrete cytokines: INF $\gamma$   $\rightarrow$  immune regulation (Th1)
- **Function:** *early* response to infection with certain viruses, intracellular bacteria and tumor cells

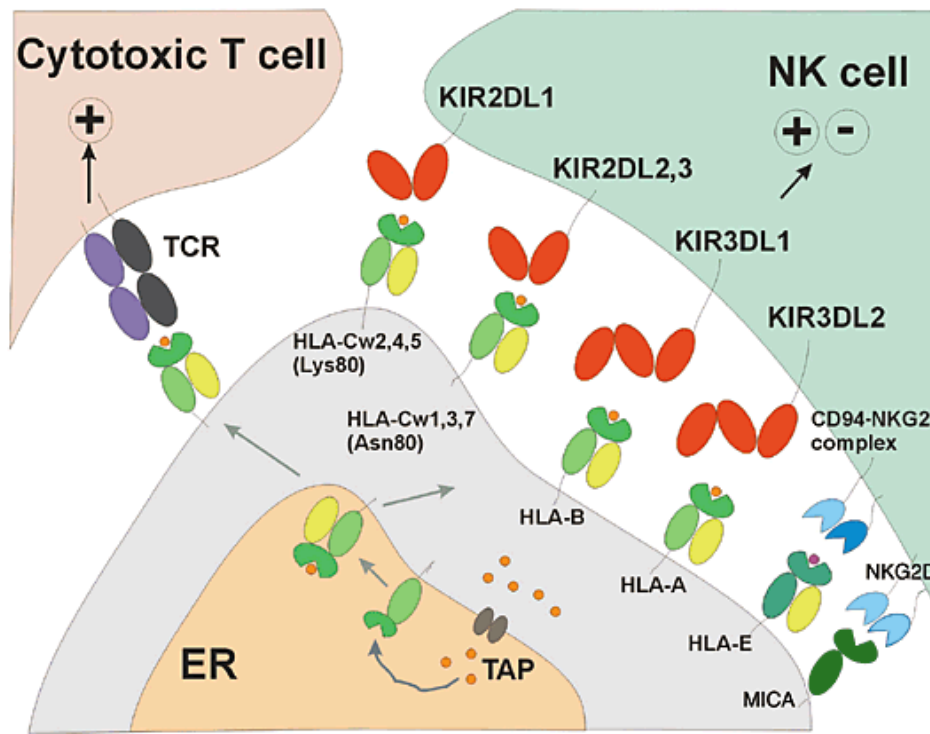


## NK-cell receptors:

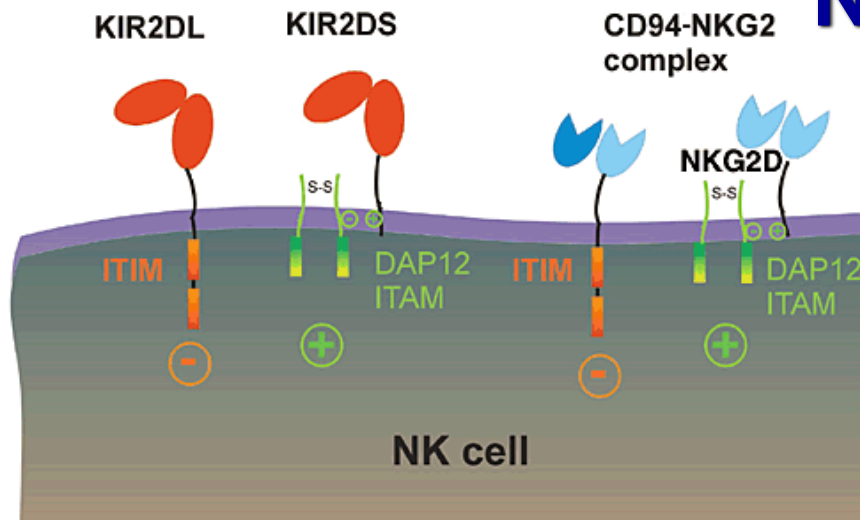
- **Killer inhibitory receptors (KIR):** recognize normal self MHC-I molecules
- **Killer activating receptors (KAR):** recognize aberrant glycosylation on tumor or virus infected cell surface



a

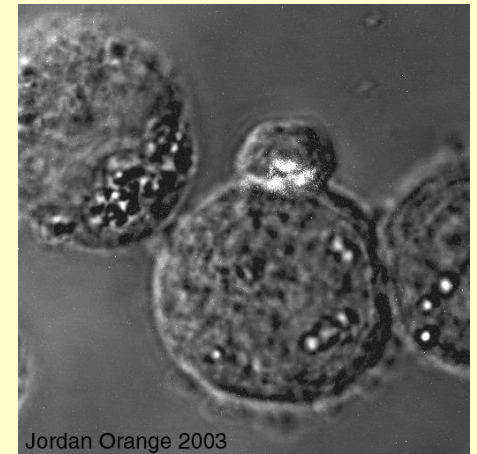
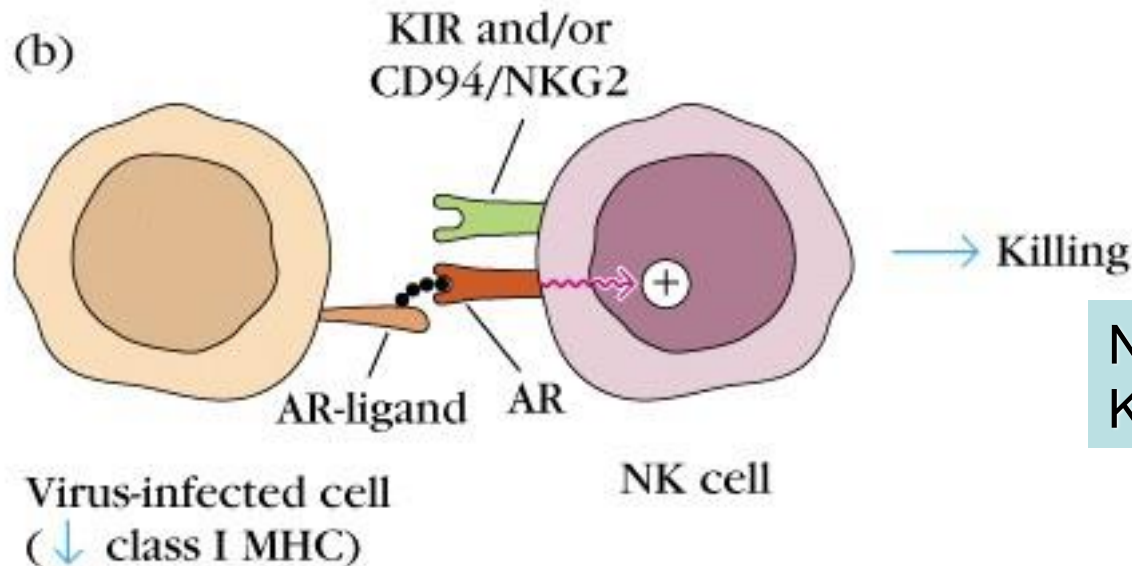
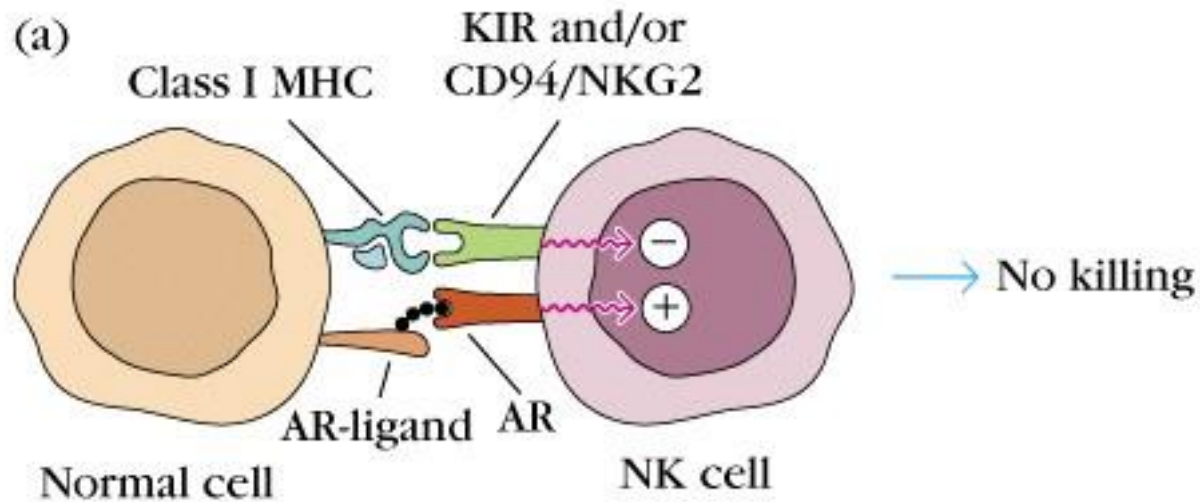


b



**NK cell receptors:**

# KIR: killer inhibitory receptors and their ligand



NK-cells kill their target-cell K562 with perforin (white)

# Antibody-dependent cellular cytotoxicity (ADCC)

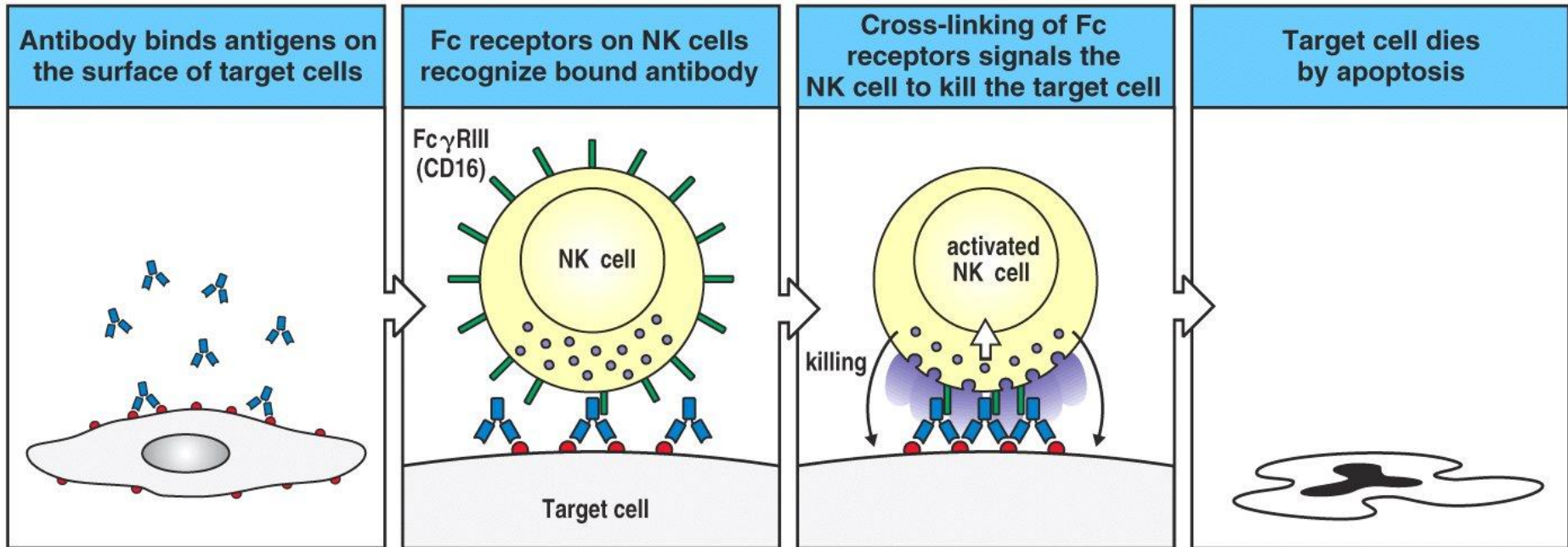
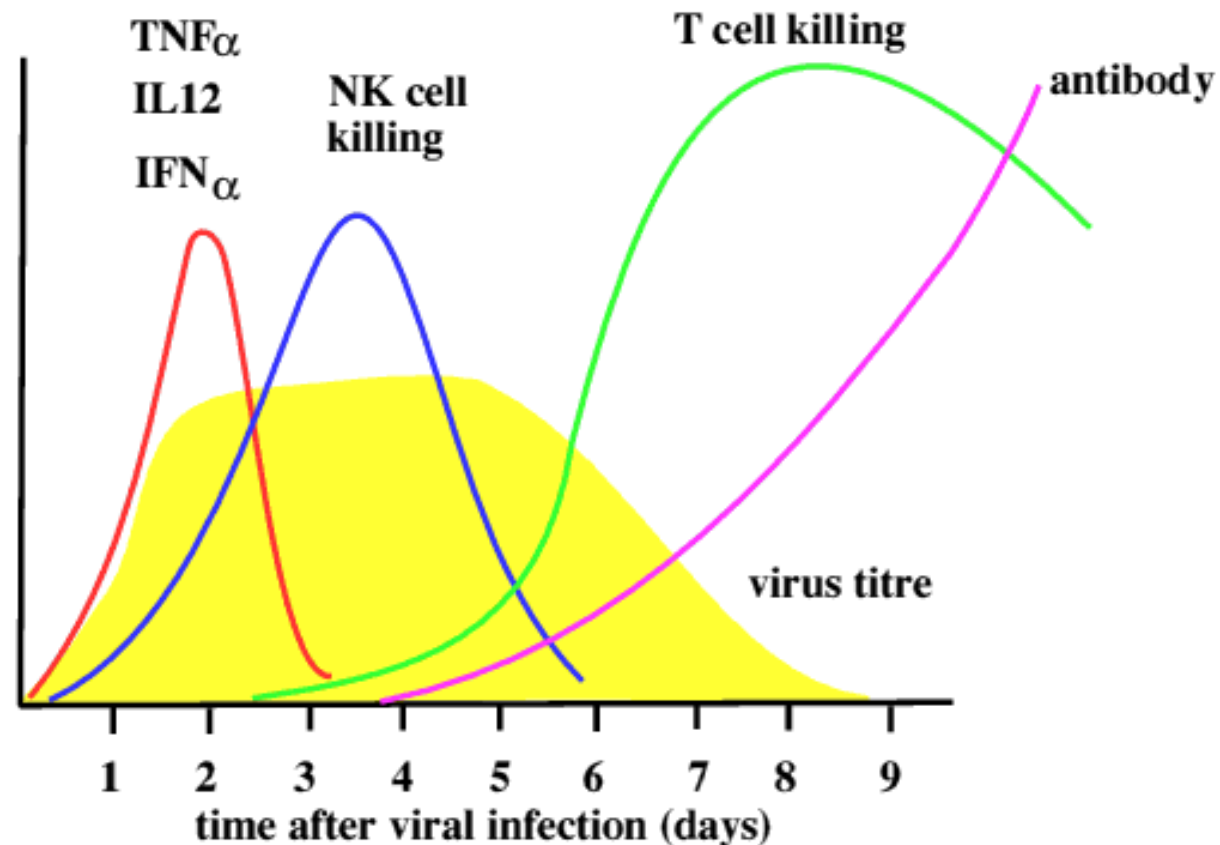


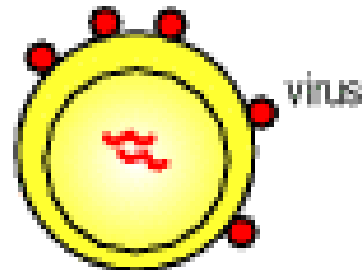
Figure 9-34 Immunobiology, 6/e. (© Garland Science 2005)

# The time-kinetic of the immune response against viruses

**Cytokines and NK cells combine to provide early defense against virus infections**



## Virus-infected host cells



IFN- $\alpha$ , IFN- $\beta$

Induce resistance to viral replication  
in all cells

Increase MHC class I expression and antigen  
presentation in all cells

Activate NK cells to kill virus-infected cells

# Cytotoxicity

**NKT cells**



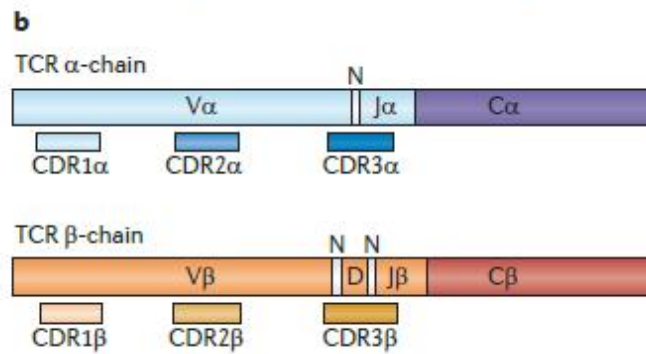
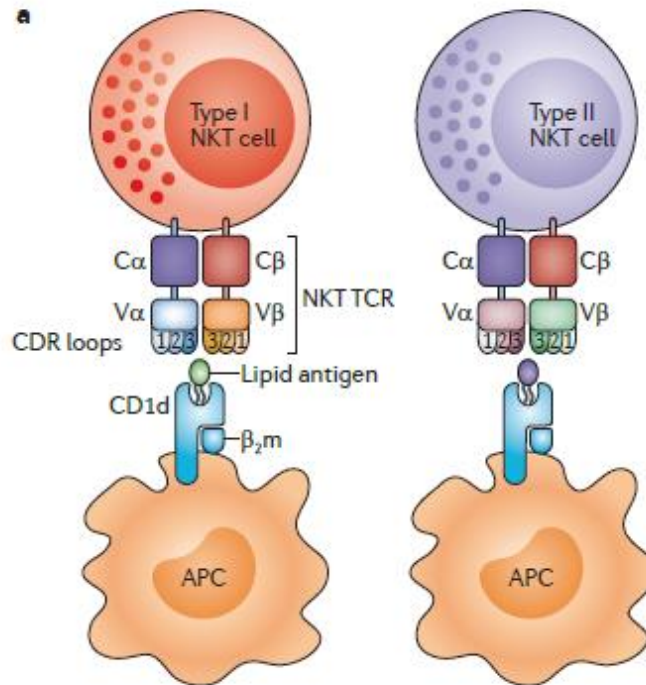
# Natural Killer T cells = NKT

- 0,2% of the peripheral T cells
- Positive selection in the thymus on self phospholipid antigens
- **Antigen recognition:** microbial **phospholipids** and **glycolipids**, presented by the non-polymorphic **CD1d**
- **Markers:** invariant  $\alpha\beta$  TcR (iV $\alpha$ 24-J $\alpha$ 18) with limited specificity, CD4 or DN or CD8 $\alpha\alpha$  + NK markers: NK1.1, CD56, CD16, CD161 (NKRP1)
- **Function:** fast cytokine production: IL-4, IFN $\gamma$ , IL-10, IL-13, IL-17, IL- 21 TNF $\alpha$

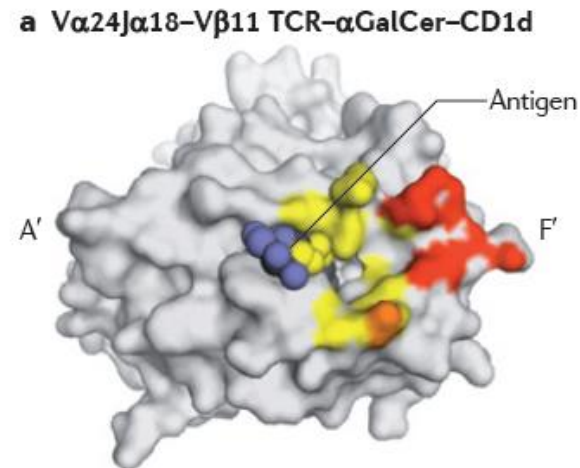
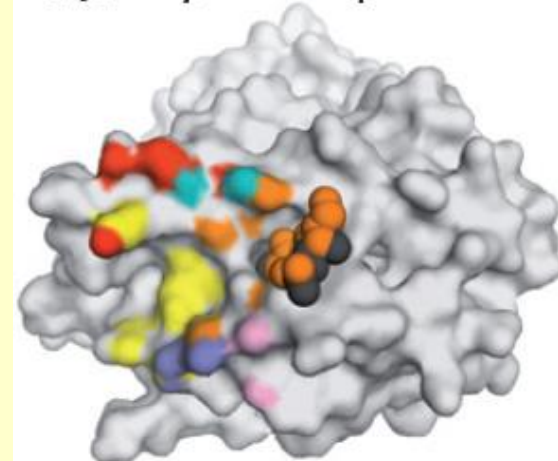
	V $\alpha$ 14 NKT	Conventional T
TCR	invariant V $\alpha$ 14	heterogenous TCR
Ligand	$\alpha$ -GalCer	peptides
MHC	monomorphic CD1d	polymorphic MHC
Major tissues	Liver, Spleen Bone marrow	Thymus, Spleen Lymph nodes
Development	GM-CSFR	no GM-CSFR

# Natural Killer T cells = NKT

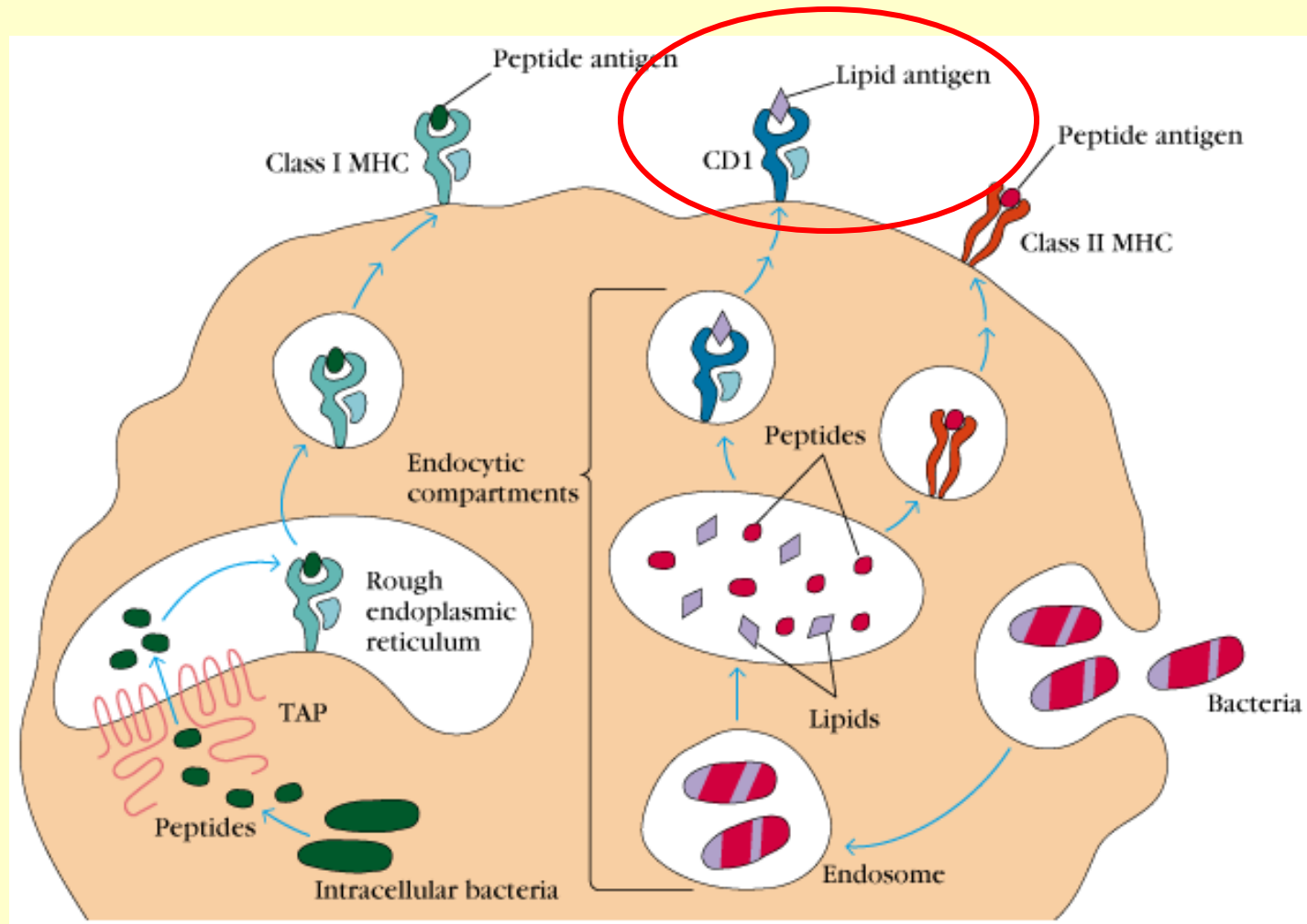
(iV $\alpha$ 24-J $\alpha$ 18) had been reported in human DN T cells

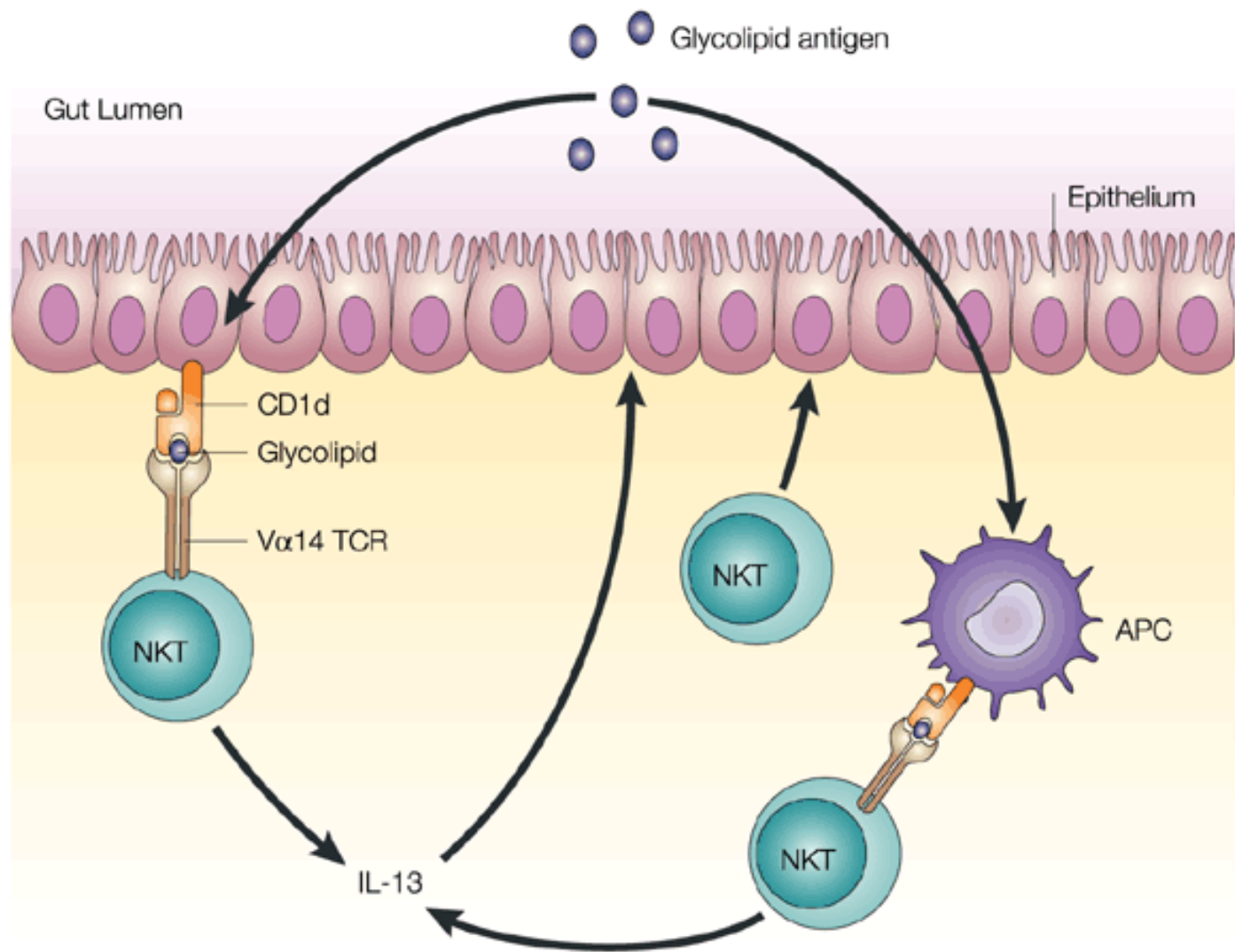


V $\alpha$ 1J $\alpha$ 26-V $\beta$ 16 TCR-sulphatide-CD1d



# Bacterial lipid antigen presentation by CD1

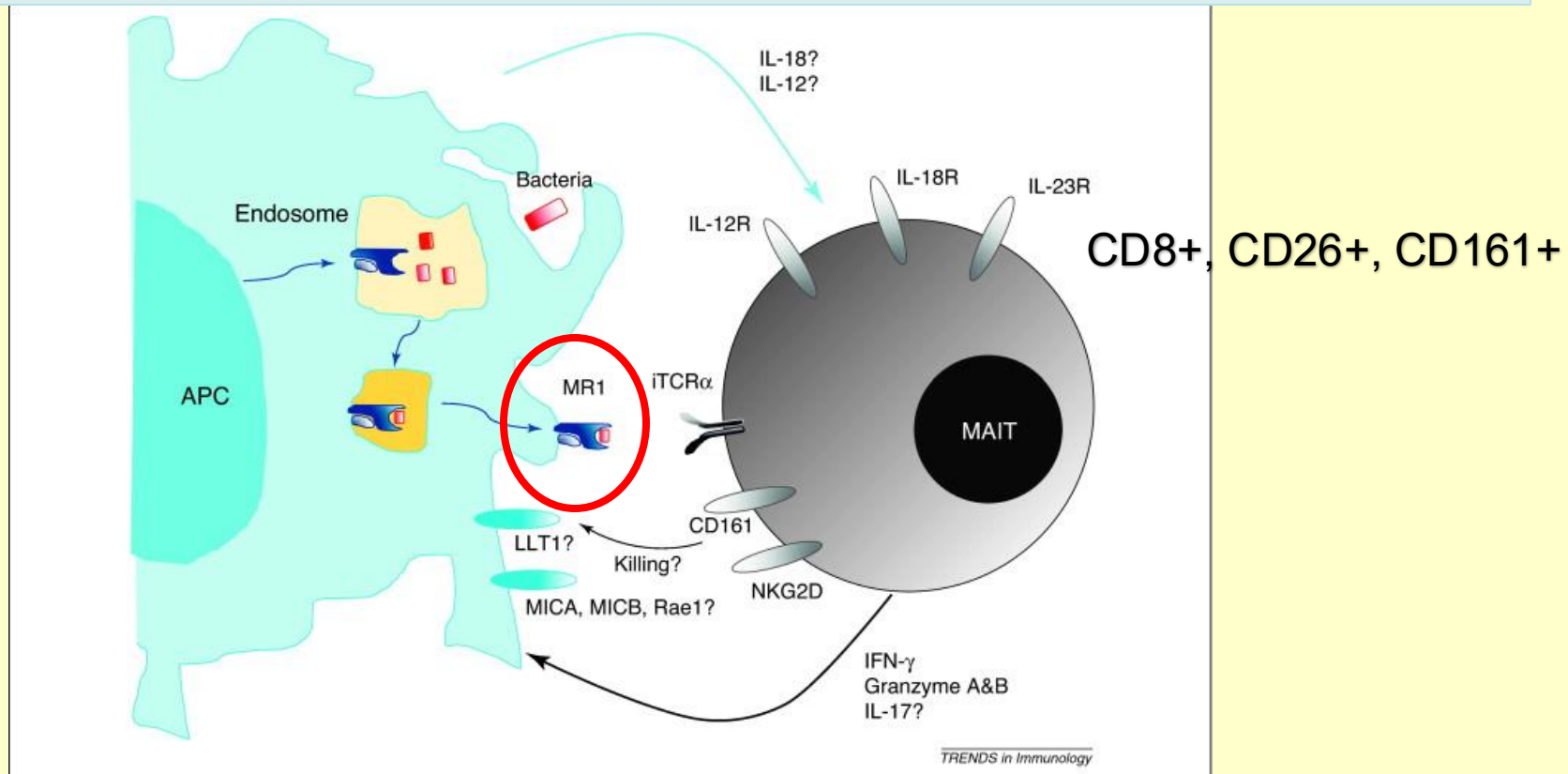




# Cytotoxicity

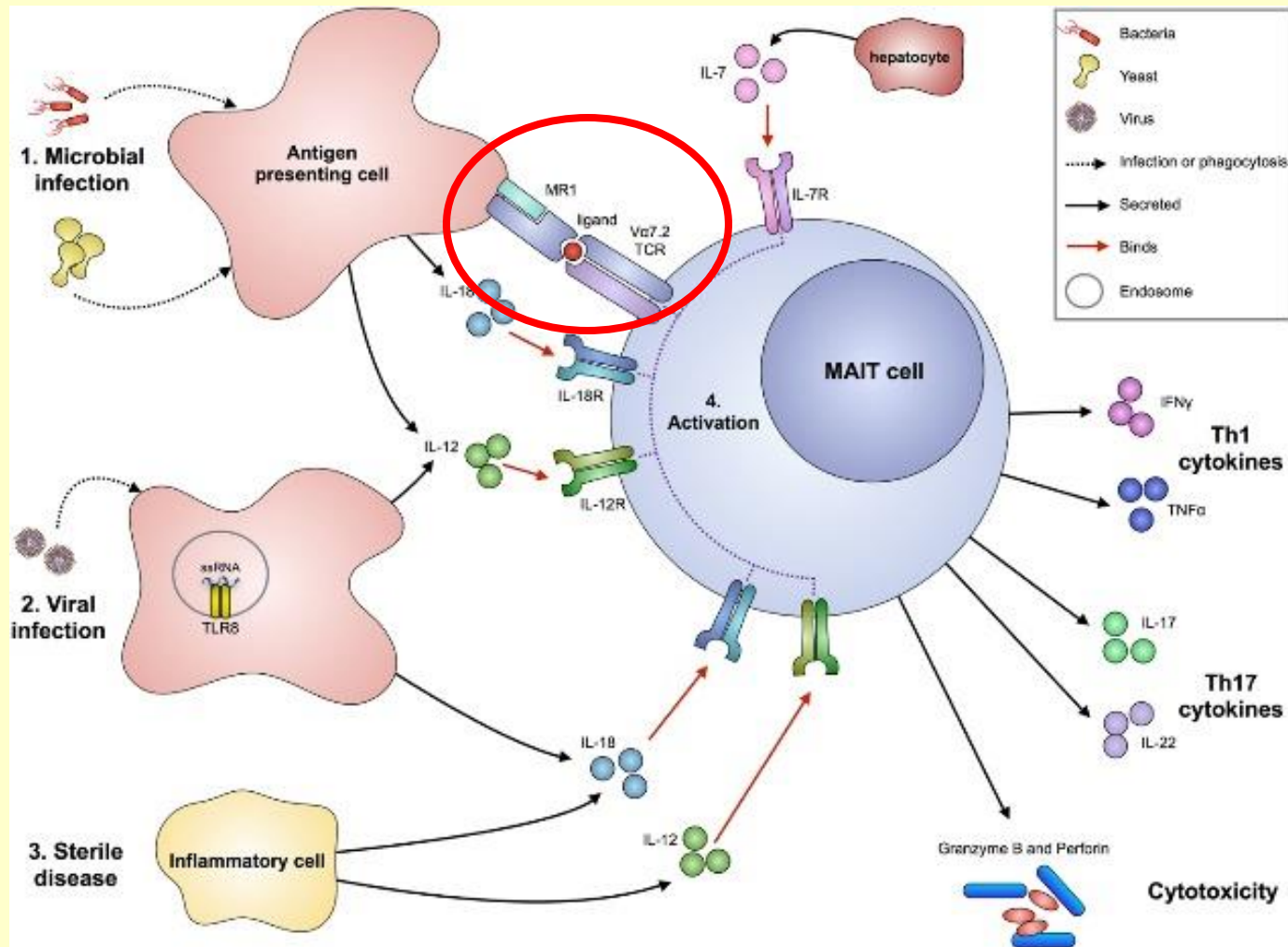
**MAIT cells**

# Mucosa-associated invariant T cells (MAIT)



1. MAIT cells arise from the thymus and are present predominantly in the gastrointestinal tract and associated organs such as MLNs and the liver.
2. In periphery by encountering the commensal flora, MAIT cells expand and acquire a memory phenotype.
3. They have antimicrobial function and help fight off bacterial infection by responding to infected cells and producing cytokines → Role in intestinal homeostasis.....
4. Innate sensors of infection as they accumulate early in infected tissues

# Mucosa-associated invariant T cells (MAIT)





# Mucosa-associated invariant T cells (MAIT)

- MAIT cells recognize MR1 and the associated microbial ligands on resident APCs, such as macrophages, dendritic cells or B cells, or directly on intestinal epithelial cells.
- In the absence of inflammation, MAIT cells participate in the control of the commensal flora or food-borne antigens by modulating APC function, or by regulating epithelial cell homeostasis and secretion of antimicrobial molecules.
- In case of bacterial invasion, however, the provision of the MR1-bound ligands to infected epithelial cells or APCs, in an inflammatory context (production of IL-18, IL-12 or IL-23, for which MAIT cells have receptors) induce production of IFN- $\gamma$  by MAIT cells to prevent intracellular bacterial replication.
- Under certain conditions, MAIT cells can also secrete granzymes and other cytotoxic molecules to kill potential target cells, or IL-17 to activate innate immune cells such as neutrophils.

**Delayed type hypersensitivity (DTH)**

**Type IV. hypersensitivity**

### TABLE 14-3 INTRACELLULAR PATHOGENS AND CONTACT ANTIGENS THAT INDUCE DELAYED-TYPE HYPERSENSITIVITY

#### Intracellular bacteria

*Mycobacterium tuberculosis*

*Mycobacterium leprae*

*Listeria monocytogenes*

*Brucella abortus*

#### Intracellular fungi

*Pneumocystis carinii*

*Candida albicans*

*Histoplasma capsulatum*

*Cryptococcus neoformans*

#### Intracellular parasites

*Leishmania* sp.

#### Intracellular viruses

Herpes simplex virus

Variola (smallpox)

Measles virus

#### Contact antigens

Picrylchloride

Hair dyes

Nickel salts

Poison ivy

Poison oak

**Self tissue antigens**

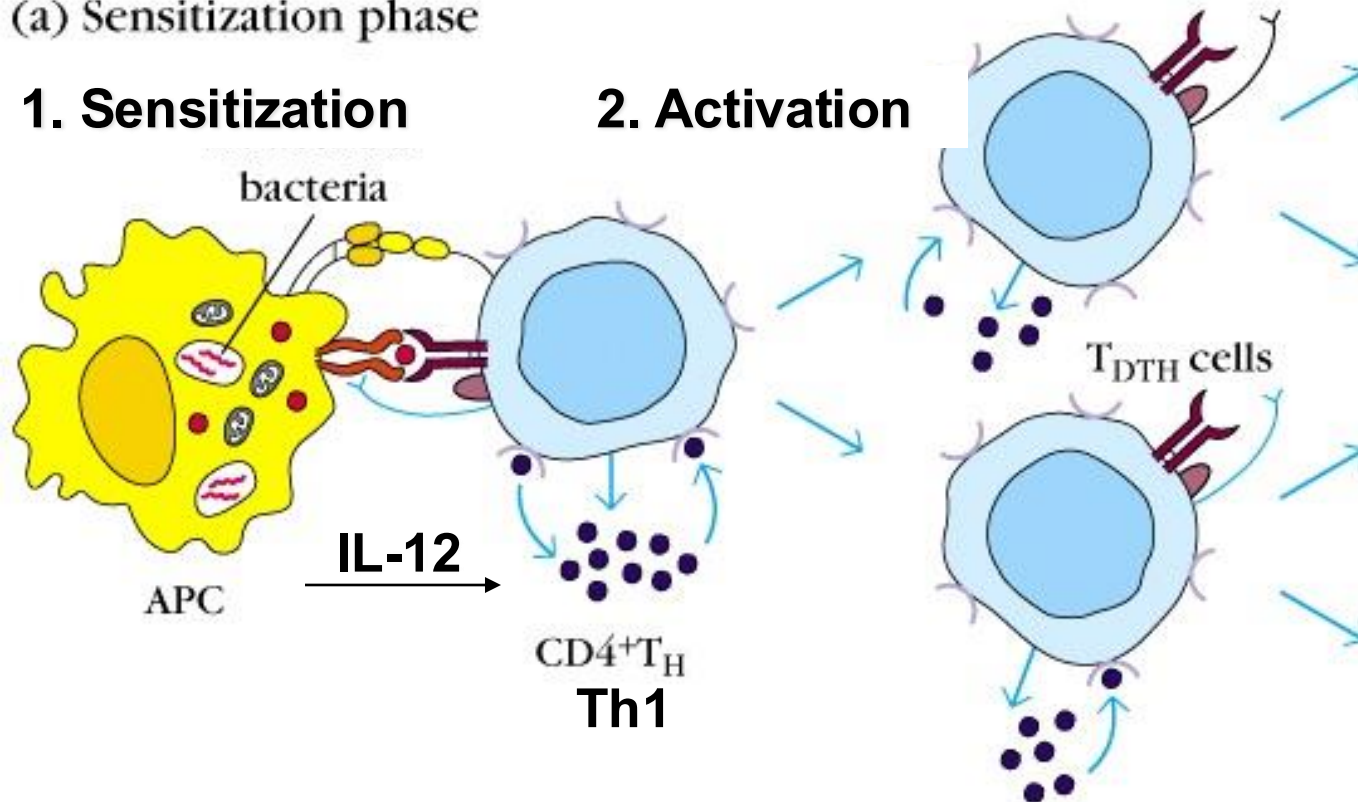
**Alloantigens (Transplantation)**

# Phase 1 and 2 of DTH

(a) Sensitization phase

## 1. Sensitization

## 2. Activation



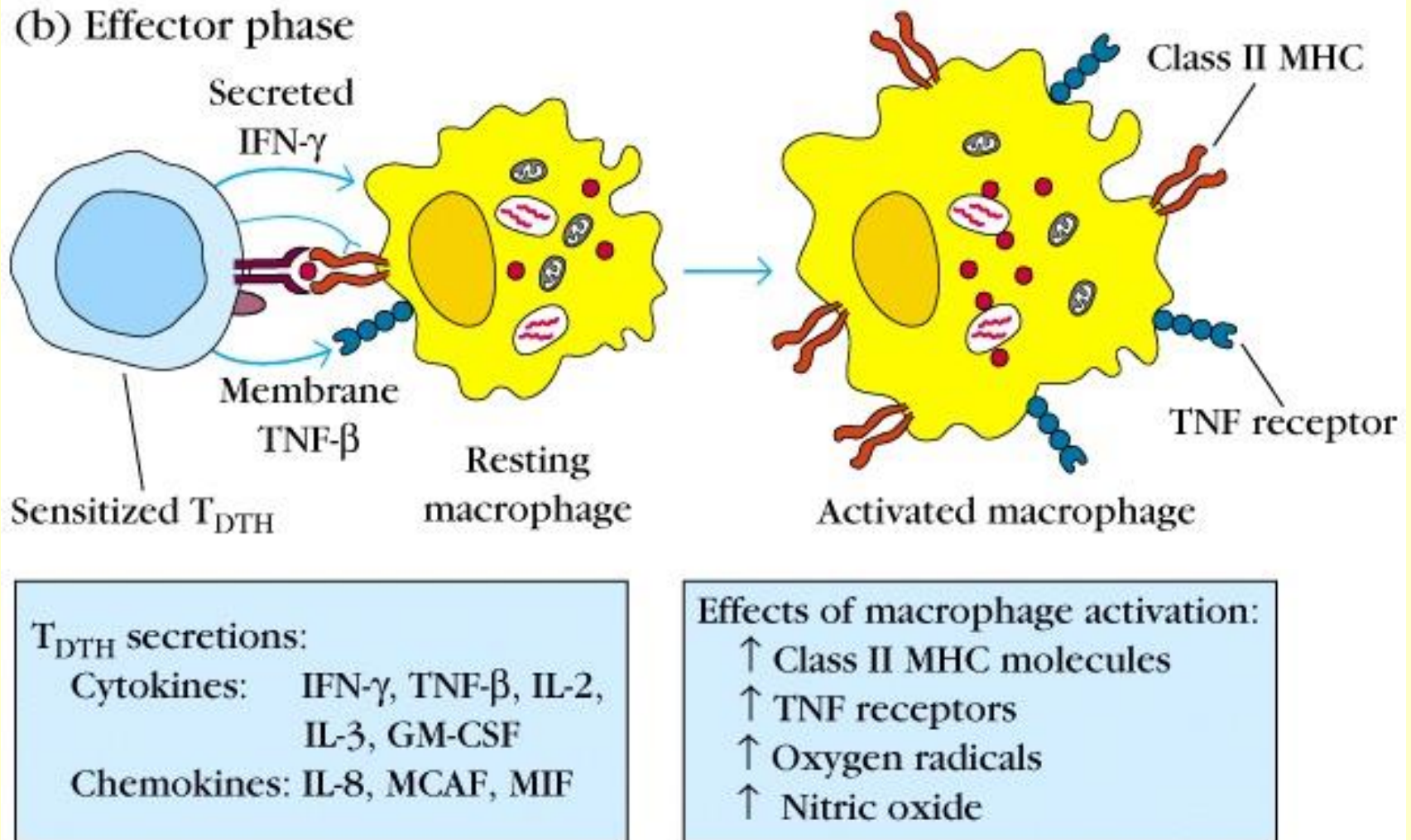
Antigen-presenting cells:  
Macrophages  
Langerhans cells

T<sub>DTH</sub> cells:  
T<sub>H</sub>1 cells (generally)  
CD8<sup>+</sup> cells (occasionally)

1. Sensibilization: 1-2 weeks after the first antigen contact. APCs (Langerhans-cells, endothel cells or macrophages) produce IL-12 and induce Th1-cell differentiation.

2. Activation: Th1-activation, proliferation, rarely CD8<sup>+</sup> CTL-activation.

## 2. contact with the antigen

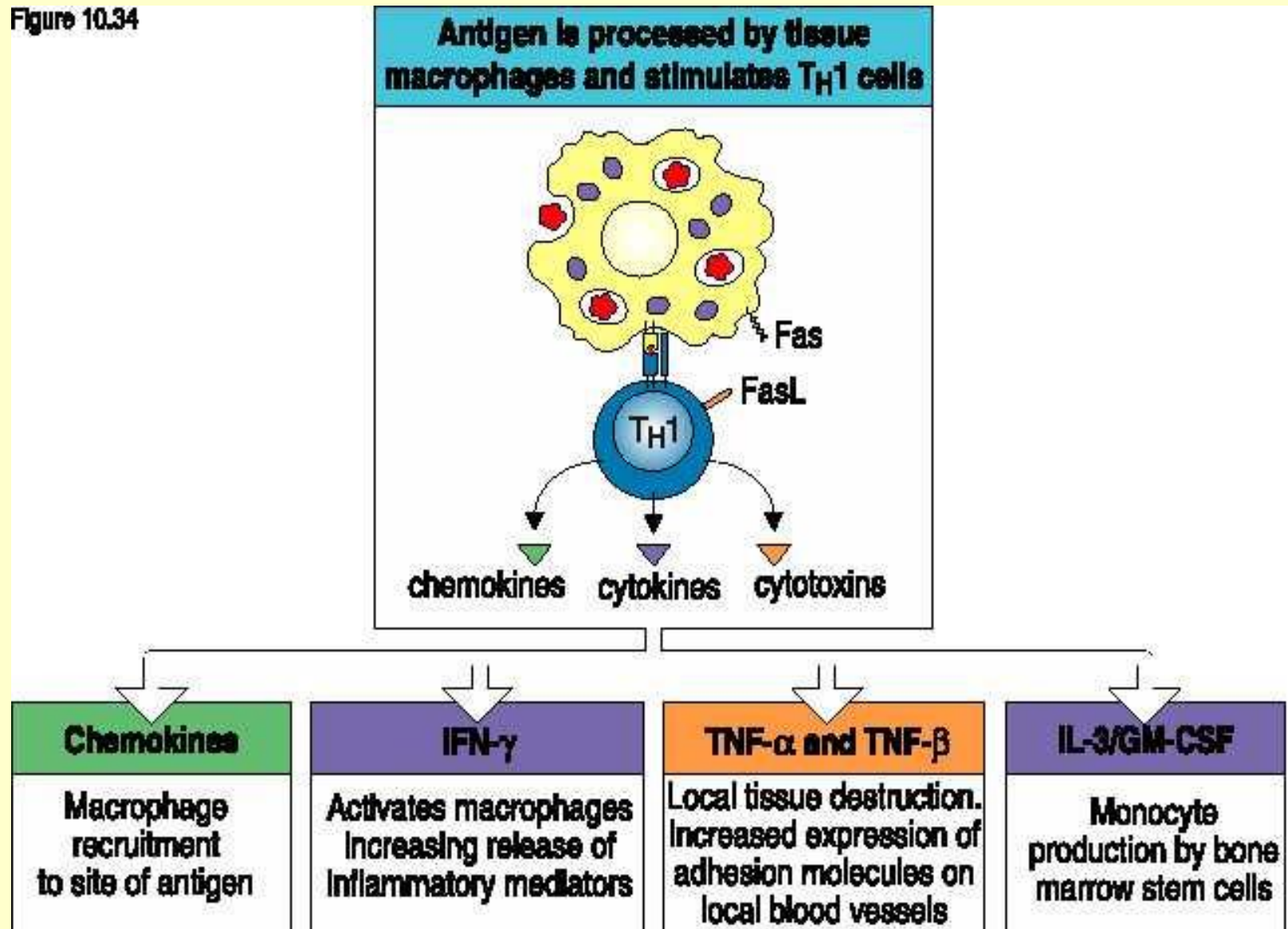


Effector phase: 2. antigen stimulus leads to Th1-cell activation, cytokin secretion (24h), recruitment of macrophages and other non-specific inflammatory cells (48-72h). From the infiltrating cells only 5% is T cell, 95% is non-specific.



# Type IV. hypersensitivity

Figure 10.34





# Stages of macrophage activation

**Resting**

**Activated**

**Hyperactivated**

----->IFNgamma-----

----->LPS, Immunocomplex  
double stranded RNA

Phagocytosis

Antigen presentation

Tumor cell and  
parasite killing

Chemotaxis

Tumor cell binding

Proliferation

decreased prolif.

No proliferation.

**No cytotoxicity**

**No APC**

MHC II -,  
O<sub>2</sub> low

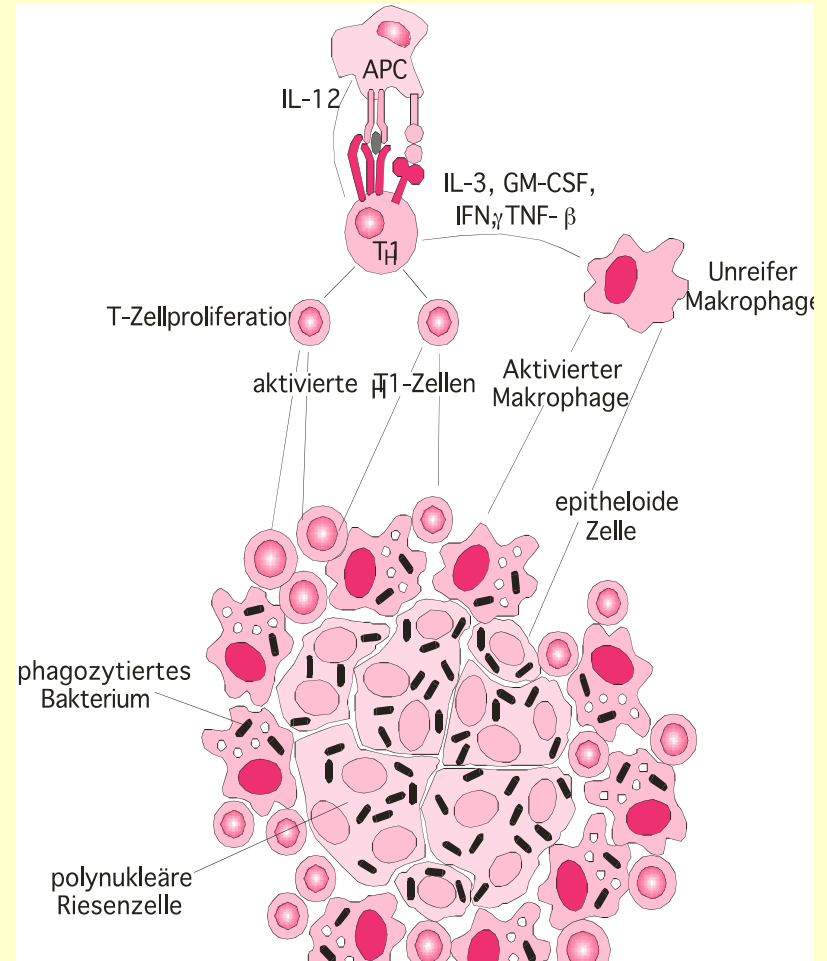
MHC II+, O<sub>2</sub> high

MHCII -, O<sub>2</sub>high  
TNF, cytotoxic  
Protease secretion

## 4. phase of DTH

- **Granulomatous-reaction**: if the intravesicular pathogen survives in the cells it induces a prolonged DTH response – **chronic infection**
- → continuous macrophage activation leads to cytokin- and growth factor production and granuloma formation.
- Giant cells, epitheloid cells, tissue damage, necrosis, fibrosis.

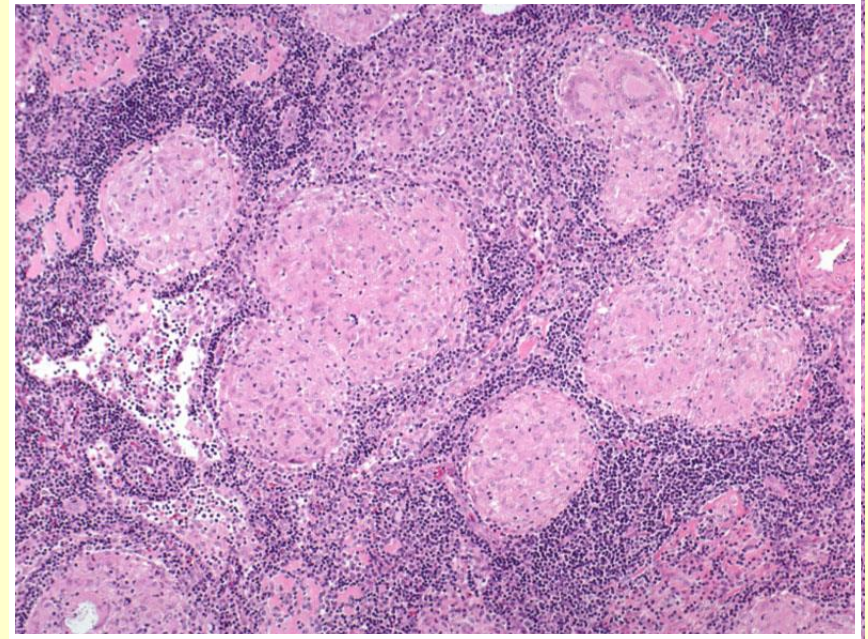
### The structure of granulomas



# Diseases

- **Infections:** intracellular bacteria eg. *Mycobacterium tuberculosis*, *M. leprae*; Viruses: *Herpes simplex*
- **Contact dermatitis, atopic ekzema**
- **Autoimmun diseases:** Type 1 Diabetes Mellitus, Rheumatoid arthritis, Inflammatory bowel disease (IBD), Multiple sclerosis, Peripheral neuritis, Autoimmune myocarditis
- **Transplant rejection:** allogen tissue transplantation

# Type IV. hypersensitivity – Tuberculous granulomas





## Poison ivy (Toxicodendron)

### Contact dermatitis

